Late Glacial and Holocene vegetation and climate history of an alpine wetland on the Qinghai–Tibetan Plateau

Demei LIU1, 2 *, Guichen CHEN2, Zhongping LAI3, 4, Haicheng WEI3, Guoying ZHOU2 and Min PENG2

1 University of Chinese Academy of Sciences, 19 Yuquan Rd., Beijing 100049, China
2 Northwest Institute of Plateau Biology, Chinese Academy of Sciences, 23 Xining Rd., Xining 810008, China
3 CAS Key Laboratory of Salt Lake Resources and Chemstry, Qinghai Institute of Salt Lakes, Chinese Academy of Sciences, 18 Xining Rd., Xining 810008, China
4 Key Laboratory of Qinghai-Tibetan Plateau Environment and Resource (MOE), School of Life and Geographic Science, Qinghai Normal University, 38 West Wusi, Xining 810008, China


This study provides a vegetation and climate history of an alpine wetland in the centre of China’s Qinghai–Tibetan Plateau (QTP) over the last 14.8 ka. High resolution climate proxies include vegetation (pollen), geochemical (Ba, Rb, δ13C) and physical (particle size and magnetic susceptibility) data; optically stimulated luminescence (OSL) and AMS radiocarbon dating were used to reconstruct the environmental changes in the wetland ecosystem. Based on physical and geochemical proxies, the succession divided into five stratigraphic units encompassing time intervals of 14.76–14.31, 14.31–13.17, 13.17–4.47, 4.47–0.51 and 0.51–0 ka. The average sedimentation rate of all these units was 0.098 mm/a. The study showed that this ecosystem was sensitive to climate change.

Keywords: Late Glacial, Holocene, Qinghai–Tibetan Plateau, alpine wetland, optically stimulated luminescence, pollen analysis.

INTRODUCTION

The Qinghai–Tibetan Plateau (QTP) has important effects on both local and global climate. Many palaeoenvironmental studies have constrained the nature of climate change since the last interglacial period across the QTP (Zhu et al., 2002; Wu et al., 2007; Wang et al., 2009; Zhu et al., 2009, 2010). However, a general and internationally acceptable framework has still not been established and the mechanism of climate change remains unclear (Lister et al., 1991; Wang, 2005; Herzschuh et al., 2006; Wu et al., 2007; Zhao et al., 2008; Liu et al., 2010; Bian et al., 2011). Wetlands serve as archives for atmospheric chemical deposition and may provide useful records of spatial and temporal patterns of environmental and constrain rates and amounts of deposition (Mesnag et al., 2002; Kim and Kim, 2010; Margiellewski et al., 2011). Alpine wetland covers a total area of 47,000 km² on the QTP (Zhao, 1999).

The past climate can be reconstructed using a combination of different types of proxy records (such as ice cores, tree rings, fossil pollen, boreholes, corals, and lake and ocean sediments). Carbonate in late Holocene marsh deposits is formed under isotopic equilibrium and reflects the isotopic composition of the environmental water, and thus the δ13C in marsh deposits is a proxy of continental climate. Total Organic Carbon (TOC) is an index of organic productivity and is supported by the Mg/Ca ratio, which is related to precipitation and temperature. The objective of this study was to evaluate an alpine wetland as an archive of past environmental conditions by attempting to reconstruct the vegetation and climate history from multiple sedimentary proxies. In the current study, Optically Stimulated Luminescence (OSL) and the Accelerator Mass Spectrometer (AMS) techniques were combined to establish the chronology and to derive sediment accumulation rates. A suite of geochemical (Rb, Ba, δ13C) and physical (particle size, magnetic susceptibility) proxies were measured to assess past climate conditions.

MATERIALS AND METHODS

STUDY AREA

The study area is located in Maqin County (Fig. 1) of the Quoluo Zang Autonomous Prefecture of Qinghai Province, China. The study site (N34°28’, E100°09’) has an altitude of 3760 m above sea level and an annual average air temperature of ~−4°C with no frost-free season. The average annual precipi-
tation is 513 mm and the average annual pan-evaporation is approximately 3000 mm. A total of 20 species of higher plants belonging to 9 families and 18 genera in the sample plots has been identified. The dominant families include Gramineae (3 genera, 3 species), Cyperaceae (4 genera, 4 species), Composite (2 genera, 4 species), Ranunculaceae (3 genera, 3 species). Scrophulariaceae, Liliaceae, Umbelliferae and Rosaceae include one genus and one species, respectively. The main characteristics of the dominant species (dominance >5%) are summarized in Table 1.

**MATERIALS AND PREPARATION TECHNIQUES**

**SAMPLING**

The sediment push-core sample (150 cm long) was collected with an iron spade from a wetland at Maqin in October 2010. OSL samples were collected at depths of 24, 54, 85, 113 and 144 cm. The lithostratigraphy of the deposits in the core is shown in Figure 2. Based on sedimentary texture and vertical color variation, three sedimentary units are identified: 0–52 cm, red loam (young soil); 52–90 cm, gravel layer (fluvial deposits); 90–150 cm, gray soil (old wetland soil). Core subsamples were sliced into 3 cm sections and stored in plastic bags for further analysis.

**LABORATORY ANALYSES**

TOC was determined with an organic carbon analytical instrument (JingDao 5000A, Japan), the total nitrogen content (TN) was measured with an elemental analyzer (Vario EL III, Germany), the magnetic susceptibility ($10^{-6} \text{ m}^3/\text{kg}$, SI system) was measured using a magnetic susceptibility instrument (MS2, UK), and the TOC/TN was calculated by mass. The carbon stable isotopes were measured using a Finnigan MAT Delta Plus mass spectrometer coupled with a Flash EA 1112 elemental analyzer. Stable isotope results were expressed as per mil (%) deviation relative to the VPDB standard and the reproducibility of duplicate analyses was ±1%.

For radiocarbon dating, a sample of plant material remain (at 144 cm depth) was chosen. AMS $^{14}$C dating of the bulk sample was performed at the Heavy Ion Institute of Beijing University in China.

In OSL dating, raw samples were treated with 38% H$_2$O$_2$, then with 10% HCl to remove organic materials and carbonates. Grains between 38 and 63 μm were selected by dry sieving. The 38–63 μm particle fraction was treated with 35% H$_2$SiF$_6$ acid for about two weeks to remove feldspars (Lai, 2010), then the quartz grains were washed with 10% HCl and then with water.

After infrared light checking, samples that showed obvious IRSL signals under infrared light were re-treated with H$_2$SiF$_6$, and checked again with IRSL to avoid age underestimation (Lai et al., 2008). Finally, the pure quartz extracts were mounted in the central parts (~0.5 mm in diameter) of stainless discs (10 mm in diameter) with silicone oil.

All luminescence measurements, beta irradiation and pre-heat treatments were carried out on a TL/OSL reader (Riso TL/OSL DA-20) coupled with a 90Sr/90Y beta source. The OSL signal was detected with a 7.5mm thick Hoya U-340 glass filter. OSL signals were measured for 40 s at a sample temperature of 130°C. The quartz OSL was stimulated with blue diodes

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**Table 1**

<table>
<thead>
<tr>
<th>Dominant species</th>
<th>$^{13}$C [%]</th>
<th>Coverage [%]</th>
<th>Height [cm]</th>
<th>Dominance [%]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kobresia tibetica</td>
<td>-27.9 ± 0.003</td>
<td>41.67 ± 10.5</td>
<td>51.83 ± 5.5</td>
<td>24.43 ± 3.8</td>
</tr>
<tr>
<td>Puccinellia distans</td>
<td>-28.8 ± 0.002</td>
<td>45 ± 6</td>
<td>18.5 ± 4.3</td>
<td>20.06 ± 4.4</td>
</tr>
<tr>
<td>Carex tristachya</td>
<td>-27.6 ± 0.005</td>
<td>5.17 ± 1.2</td>
<td>17.33 ± 6.2</td>
<td>8.16 ± 2.1</td>
</tr>
<tr>
<td>Calthia scaposa Hook</td>
<td>-23.7 ± 0.003</td>
<td>2.5 ± 0.8</td>
<td>5.5 ± 1.4</td>
<td>5.47 ± 1.9</td>
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<tr>
<td>Ranunculus pulchellus</td>
<td>-25.3 ± 0.004</td>
<td>1.5 ± 0.3</td>
<td>13.17 ± 2.3</td>
<td>7.57 ± 1.4</td>
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<tr>
<td>Potentilla anserina</td>
<td>-26.2 ± 0.005</td>
<td>6.16 ± 2.1</td>
<td>14.15 ± 2.7</td>
<td>6.55 ± 1.5</td>
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</table>
were obtained using the SAR method at preheating temperatures of 160, 180, 200, 220, 240, 260 and 280°C for 10 s. Four aliquots were measured at temperatures. D_e is independent of preheating temperature in the range of 160–280°C. Therefore, preheating of 260°C for 10 s was employed. The regenerative-dose growth curve and OSL decay curves are illustrated in Figure 3.

DOSE RECOVERY TESTS

In order to test the reliability of the SAR protocol, dose recovery tests were designed for sample gls-3 and gls-4. The natural OSL signal from a sample was first removed completely by exposing the aliquot to blue light in the OSL reader at room temperature. It was then given a known beta dose before any measurements. This given dose is treated as an unknown natural dose, and then measured using the SAR. Figure 4 shows that the results of dose recovery test and the measured doses are in agreement within error limits with the given dose. This suggests that the SAR protocol is suitable for these samples.

EQUIVALENT DOSE AND AGES

The D_e averages of all measured aliquots and all dating results are listed in Table 2. The age span of all samples was from 14.77 to 0.72 ka, and the error ranged from 7 to 11.2%. The OSL ages are stratigraphic order (Fig. 2).

AMS 14C AGES

At the depth of 144 cm, the radiocarbon age was 8.500 ± 30 ka BP, and the calibrated 14C age was 9.511 ± 17 cal. ka BP. The radiocarbon age was younger than the OSL age (14.77 ± 1.12 Ka) for a sample (at the depth of 144 cm), the reason might be that a younger plant fragment had entered into the core. Although the core comprised peat, present plant roots can reach the bottom of the core, which can result in the contamination for 14C dating. In an environment which eventually leads to a peat deposit, the energy in the fluvial process is low, so that the sediment can have enough exposure time to light, and the OSL signal can be reset completely. As a result, OSL ages are credible. In this study only OSL ages were used to establish the chronology.

The age of every 3 cm interval of the core was estimated using linear interpolation or extrapolation between the nearest OSL dates. The bottom (oldest) date was taken from the sample at 144 cm (14.77 ± 1.12 ka). The sedimentation rates (Fig. 5) were constructed; the mean sedimentation rate for the entire core was 0.089 mm/a. According to the five obtained dates, five intervals can be identified: 0–24, 24–64, 54–85, 85–113 and 113–144 cm. The sedimentary rates were 0.33, 0.06, 0.04, 0.23 and 0.52 mm/a, respectively.

POLLEN ANALYSIS

All samples in the five units were microscopically analysed for pollen (Fig. 6). Pollen preservation was poor. More than 300 pollen grains were counted for each sample. Nineteen taxa were identified, including the major taxa present in the complete profile: Cyperaceae, Chenopodiaceae, Artemisia, Betula, Picea,
Among the 47 samples analysed, there were three types of tree pollen, 14 types of herbaceous pollen, and two types of dwarf shrub. The main (<1%) tree pollen were Pinus, Picea, and Betula; the main herbaceous pollen (93%) were Cyperaceae (83%), Gramineae (0.7%), Compositae (4.6%), Chenopodiaceae (0.7%), Artemisia (1.7%), Ranunculaceae (1.1%), Rosaceae (0.6%), Polygonaceae (0.7%), and Geraniaceae (0.1%); the main dwarf shrub pollen (3%) were Elaeagnaceae and Ephedra. According to pollen concentration and species percentages, five local pollen assemblage zones (namely 1–5) could be distinguished from the bottom to the top of the core (Fig. 6).

In Pollen Zone 1 (14.3–14.8 ka), the total pollen concentration was relatively high. Cyperaceae was dominant, other herbaceous species such as Chenopodiaceae, Artemisia, Compositae, Elaeagnaceae and Poaceae being present in relatively high percentages. Total pollen concentration and the proportion of Cyperaceae initially increased and then reached a peak around 13.8 ka, while Ranunculaceae, Liliiaceae and Cruciferae pollen decreased. There was almost no Rosaceae or Gentianaceae pollen in this assemblage, and percentages of tree pollen were relatively low.

In Pollen Zone 2 (14.3–13.2 ka), the total pollen concentration was at its highest. Herbaceous species such as Elaeagnaceae, Artemisia and Compositae were present in relatively high percentages. Total pollen concentration and the proportion of Cyperaceae initially increased and then reached a peak around 13.8 ka, while Ranunculaceae, Liliiaceae and Cruciferae pollen decreased. There was almost no Rosaceae or Gentianaceae pollen in this assemblage, and percentages of tree pollen were relatively low.

In Pollen Zone 3 (4.5–13.20 ka), the total pollen concentration was at its lowest. Tree pollen showed a proportional increase in the sequence. The Picea and Pinus pollen percentages were relatively higher than in other pollen zones, and more herbaceous species were present in this assemblage, such as Rosaceae, Gentianaceae, Ephedra and Thalictrum. The proportion of Chenopodiaceae, Elaeagnaceae, Artemisia and Compositae remained relatively high, and locally reached their maximum values.

In Pollen Zone 4 (0.5–4.5 ka), the total pollen concentration started to increase. The proportion of the Compositae, Rosaceae, and Leguminosae pollen gradually decreased, while the proportion of Elaeagnaceae increased.

In Pollen Zone 5 (0.0–0.5 ka), the total pollen concentration continued to increase. The proportion of tree pollen gradually decreased, although Cyperaceae pollen was still dominant. Among the herbaceous pollen, Compositae, Rosaceae and Leguminosae kept a stable proportion. Pollen of Elaeagnaceae and Ephedra was not observed.

PROXY ANALYTICAL RESULTS

The values of TOC, δ^{13}C, and the ratios of TOC/TN ranged from 6 to 175 mg/g, –26.92 to –25.12‰ and 2.99 to 316, respectively. The values of Rb, Ba, magnetic susceptibility (MS) and grain size ranged from 98.2–119.8 µg/g to 477.6–409 µg/g,
Environmental radiation measurements and OSL ages

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<tbody>
<tr>
<td>gls-1</td>
<td>24</td>
<td>15</td>
<td>1.79 ± 0.07</td>
<td>6.91 ± 0.19</td>
<td>1.75 ± 0.13</td>
<td>2.62 ± 0.15</td>
<td>1.98 ± 0.13</td>
<td>0.72 ± 0.07</td>
<td>OSL</td>
</tr>
<tr>
<td>gls-2</td>
<td>54</td>
<td>15</td>
<td>1.66 ± 0.07</td>
<td>9.1 ± 0.24</td>
<td>2.33 ± 0.17</td>
<td>2.73 ± 0.13</td>
<td>16.43 ± 0.74</td>
<td>5.62 ± 0.46</td>
<td>OSL</td>
</tr>
<tr>
<td>gls-3</td>
<td>85</td>
<td>15</td>
<td>1.57 ± 0.06</td>
<td>9.4 ± 0.24</td>
<td>2.47 ± 0.17</td>
<td>2.70 ± 0.13</td>
<td>37.43 ± 1.13</td>
<td>12.95 ± 0.96</td>
<td>OSL</td>
</tr>
<tr>
<td>gls-4</td>
<td>113</td>
<td>30</td>
<td>1.67 ± 0.06</td>
<td>9.71 ± 0.26</td>
<td>2.77 ± 0.18</td>
<td>2.84 ± 0.14</td>
<td>32.88 ± 0.46</td>
<td>14.19 ± 0.98</td>
<td>OSL</td>
</tr>
<tr>
<td>gls-5</td>
<td>144</td>
<td>40</td>
<td>1.64 ± 0.06</td>
<td>10.45 ± 0.27</td>
<td>2.5 ± 0.19</td>
<td>2.78 ± 0.14</td>
<td>31.07 ± 1.05</td>
<td>14.77 ± 1.12</td>
<td>OSL</td>
</tr>
<tr>
<td>gls-6</td>
<td>144</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>8.500 ± 30</td>
<td>AMS$^{14}$C</td>
</tr>
</tbody>
</table>

All of the samples were dated using quartz OSL; sample gls-5 was dated using AMS$^{14}$C; the elevation refers to that of the sample location; for each sample, 12 aliquots were measured for $D_e$ determination.

0.49 to 0.92, 29.8 to 71.59 $\times 10^{-8}$ m$^3$/kg (SI system) and 35.5 to 64.5 $\mu$m, respectively. Five sedimentary units, from Units 1 to 5 in ascending order, were distinguished based on sedimentary textures. The values of TOC, $\delta^{13}$C, the ratios of TOC/TN, grain size distribution, MS, Ba and Rb variation are show in Figure 7.

Unit 1: 14.3–14.8 ka (116–147 cm). The values of TOC decrease and reach their minimum value at 116 cm (14.3 ka); the $\delta^{13}$C and MS, decrease first, and then increase. The ratio value of TOC/TN shows the opposite trend. The value of Ba shows multiple fluctuations. Two abrupt changes occur at 128 cm (14.5 ka) and 137 cm (14.6 ka).

Unit 2: 13.2–14.3 ka (86–116 cm). The values of TOC initially increase and then became stable. The values of $\delta^{13}$C and Ba first decrease then increase. The MS, Rb and grain size decrease slightly. Higher TOC and lower $\delta^{13}$C values were found at the depth of 107 cm (13.9 ka).

Fig. 5. Sedimentation rates based on OSL dating and depth of the alpine wetland sediment core

Fig. 6. Pollen percentages of major taxa in 47 pollen samples collected from the alpine wetland

Pink bands indicate abrupt warm climate events; blue bands indicate abrupt cold climate events.
Unit 3: 4.469–13.167 ka (47–86 cm). The value of TOC is the lowest in the successions, but MS is higher and reaches its highest value in this sequence at 59 cm (7.0 ka). Grain size decreases and also reaches its lowest value at 59 cm (7.0 ka) in this sequence, implied stronger currents, more rapid mineral matter weathering, and higher precipitation at the coring site. The Rb content show fluctuates. An abrupt decrease of δ13C values, higher MS and Ba contents is found at 65 cm (8.2 ka).

Unit 4: 0.51–4.4 ka (17–47 cm). Compared to the previous unit, the value of TOC increases and reach its highest value at 47 cm (4.469 ka). The δ13C values also increase with age. MS decreases while grain size increases. The trends of Rb and Ba are as in Unit 3. The δ13C values abruptly increase and higher MS content is at 32 cm (2.0 ka).

Unit 5: 0–0.51 ka (0–17 cm). The value of TOC first decreases and then starts to increase at 8 cm (0.24 ka). The δ13C values and Ba content gradually decrease while the grain size and Rb increase. MS stays stable. An inflection point in TOC was recorded at 8 cm (0.24 ka).

DISCUSSION AND CONCLUSIONS

The combined sediment proxies of grain size, magnetic susceptibility, TOC, δ13C, Rb, Ba, the ratios of TOC/TN, and pollen were used to reconstruct past environmental change (the last ~14.8 ka) on the QTP in China. The results are interpreted and discussed below, from the oldest sediments to the youngest ones, within lithological units 1 through 5.

Unit 1 (14.3–14.8 ka): the increase in grain size and Ba content, and the MS, TOC and Rb decrease, suggests a relatively cold and wet environment, consistent with other proxy time-series on the northeastern QTP (Wischnewski et al., 2011). The moisture-loving tree Betula and herbaceous Cyperaceae were present in relatively large proportions despite lower pollen concentrations, suggesting high relative humidity prevailed. However, Cyperaceae pollen showed a sharp decrease around 14,300 years, implying a sudden cold or arid event.

Unit 2 (13.2–14.3 ka): overall high percentages of organic material and low δ13C value could be interpreted as indicative of warmer and wetter conditions at this site, as pollen preservation and abundance increased in Unit 2. Lower percentages of degraded pollen and higher pollen influx were recorded, suggesting a shift to low energy depositional processes as well as an increase in vegetation. The wetland taxon Cyperaceae dominated in this unit. The recorded rising influx of herbaceous, namely Amaranthaceae, Compositae, Poaceae and Polygonaceae, suggest higher biological productivity for the alpine wetland and surrounding uplands, indicating an optimum period for wetland plant growth.

Unit 5 (4.47–13.17 ka): at the time of the lowest value of TOC, when the δ13C value and grain size increased first and then decreased, the sedimentary rate was 0.04 mm/a. The sediment proxy results showed that sedimentary deposition nearly came to a halt. The lowest numbers of pollen grains and TOC value of the profile were found in these sand layers. Therefore, there are two possible climatic scenarios for this interval in the QTP region: utmost cold and dry or utmost wet and warm. However, the increase of MS indicates that the sand layers recorded a shift from wetland depositional system to a fluvial depositional system. Poor pollen preservation in this unit is also an indicator of moving water, that could prevent their deposition and preservation (Solomon et al., 1982). The wetland taxa Cyperaceae and Compositae, Poaceae, are well-represented in the pollen record. The uplands were likely a mix of grasses and woody shrubs.

Unit 4 (0.51–4.47 ka): an increase in the number of pollen grains, pollen preservation, organics, and δ13C value in a red loam layer indicated a change to a relatively low-energy depositional environment (Figs. 3 and 4). The quieter water dynamics (compared with the previous unit) resulted in the accumulation of fine organic sediment, indicating a shift in precipitation. The proxy results indicated colder and dryer conditions. The Artemisia, Polygonaceae, Ephedra, Elaeagnaceae, and Liliaceae pollen show a trend of increase and were probably associated with dry soil and less precipitation.

Unit 5 (0–0.56 ka): this unit recorded a drop in δ13C and increase in grain size, indicating a higher air temperature. The dominant taxon was also Cyperaceae, but Compositae, Rosaceae, Leguminosae increased. The combined pollen and other proxies also indicate that habitat shift from a wetland to a
meadow environment took place in response to drying and warming periods during the last 0.5 ka. As an effect of warmer and drier scenario on the succession of plant communities, species richness was changed (Henderson-Sellers et al., 1995). In the ongoing warming and drying future (IPCC, 2007), plants of the Cyperaceae in alpine wetlands might be under threat.

This study showed that six major vegetational and climate characters could be distinguished, including (1) an alpine wetland that started to develop at 14.8 ka in the QTP region; (2) a shift at 13.2 ka to conditions of higher effective moisture and a stepwise warmer climate sustained from 13.2 ka to 4.5 ka; (3) a shift to a significantly colder and drier phase at 4.4 ka; (4) several warm and dry climate over the last 0.5 ka; (5) abrupt cold climate events happened at 14.8, 8.2, 7.0, 2.0 and 0.2 ka, and abrupt warm climate events happened at 14.5 and 13.9 ka (Figs. 6 and 7); and (6) the Cyperaceae were dominant throughout. With a significant positive correlation between the Cyperaceae pollen and the TOC values.

Some researchers have concluded that the highest levels of inundation were reached between the 13,000 yr BP and 4000 yr BP (Kashiwaya et al., 1995) while the first half (10.8–4.4 cal. ka BP) of the Holocene was characterized by warm and wet conditions. Then climate became colder and drier in the second half (4.4–0 ka) of the Holocene (Shi et al., 1993; Fleitmann et al., 2003; Morrill et al., 2003; Wang et al., 2005; Herzschuh, 2006). Our studies of this alpine wetland suggests that there were more large fluvial discharge events during mid-Holocene than during the late Holocene. These results were consistent with previous studies (Berg and Loutre, 1991; Wu et al., 2007) and successfully explain the influence of the Indian summer monsoon during the early Holocene and of the SE Asian summer monsoon and the westerlies during the mid-Holocene in the centre of the QTP (e.g., An et al., 2000; Fleitmann et al., 2003; Wang et al., 2005; Herzschuh, 2006; Chen et al., 2008; Yang and Scuderi, 2010).

Some researchers have recognised cold events between 8.7 and 8.3 cal. ka BP (Hu et al., 1999), 7.0 cal. ka BP, 2.2 cal. ka BP (Wischniewski et al., 2011), based on a pollen record from Lake Zigetang on the Central Tibetan Plateau. The most pronounced cold events (with temperature below those of the present) occurred on the Central Tibetan Plateau between 8.7–8.3 and ~7.4 cal. ka BP (Van Campo and Gasse, 1993; Gasse et al., 1996) and the 8.2 ka cold event was recorded in Greenland ice cores (Alley et al., 1997). Dry events happened at about 4 ka BP and 2 ka BP to the south of the Qinghai–Tibetan Plateau (Zhao, 2009). There is evidence of warm or cold/dry or dry events. However, our study has not detected periods of abrupt climate change, which might be influenced by the microcirculation systems from a different region (An et al., 2006; Yang et al., 2008).

Multiproxy studies of alpine wetland on China’s QTP are rare. In this study, OSL dating, pollen, organic content, grain size, and MS have been used to reconstruct the past environmental and climate history of the QTP. These perennially wet ecosystems proved to be effective archives of past vegetational and climate change. Sediment proxies from the study site recorded an unsteady warming tendency in early Holocene, warm-humid conditions in the mid Holocene, and cold and dry conditions in the late Holocene.

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