

Reconstructing the Holocene environments in the Russian sector of the Neman Delta area, Kaliningrad Region

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A history of landscape development in the Russian part of the Neman Delta area during the Holocene, with an emphasis on the formation of forests and wetlands, is deduced based on pollen analysis, radiocarbon dating, a field topography survey, and macrofossil analysis of peat deposits in a coastal mire, the Koz'ye Bog. Several 1,000–2,000-year time lags in vegetational development were revealed here, though they have not been recorded for other landscapes in the Kaliningrad Region and the adjacent areas in the southeastern Baltic. The causes are still not completely clear, but they presumably related to some of the regional patterns of climate development and the submergence of the area during the second Littorina transgression (7,500–7,000 cal. yr BP). It is established that cryophilic open tundra-like vegetation existed here not only in Late Glacial time (Younger Dryas) but up to the mid-Boreal (9,700–9,500 cal. yr BP). A transition from the open landscapes of the Late Glacial to birch and then pine forests occurred here 9,700–8,700 cal. yr BP, whereas the expansion of thermophilic broadleaf species of the nemoral (temperate) association (*Quercus, Ulmus, Tilia, Corylus*) was recorded only in the period 6,400–3,500 cal. yr BP. Peak expansion of *Alnus* occurred here only in the late Subboreal (3,500–2,700 cal. yr BP), while in adjacent areas it reached its maximum as early as the Atlantic. The general vegetation dynamics in this area during the Late Glacial and the Holocene could be referred to as a transition from the dominance of pine forests to a wide dispersal of alder carrs. This environmental shift was caused not only by climatic factors but probably also due to the transform mation of the hilly coastal terrace into a low-lying plain landscape after flooding during the transgressions of the Baltic.

Key words: palaeoreconstruction, palynology, plant macrofossils, Holocene peat core, Neman Delta, Baltic Region.

INTRODUCTION

Investigation of Holocene palaeoenvironments is relevant to understanding recent environmental change, commonly associated with climate change and ecosystem transformations, since the main features of present-day landscapes were formed in the Holocene.

The development of the present-day landscapes in the Kaliningrad Region took place in several stages that were closely related to deglacial phases during the transition from the last Valdai (Weichselian) glacial to the Holocene. At the same time, some young landscapes in the region are still in a stage of active formation. Included among these is the deltaic lowland of the Neman River (Fig. 1B) which represents a specific coastal landscape area in the southeastern Baltic Region (Timofeev and Bogolyubova, 1998).

During the last couple of decades, many publications have detailed comprehensive high-resolution studies of Holocene palaeogeography and palaeoclimate in the southeastern sector of the Baltic Region, mostly in Poland and Lithuania including their coastal areas (e.g., Ralska-Jasiewiczowa et al., 2004; Kabailienė, 2006; Damušytė, 2011; Apolinarska et al., 2012; Gałka et al., 2014). Based on a large number of dated samples and multi-proxy diagrams, the Holocene development of different coastal areas in this region was established in detail, including as regerds Baltic sea-level fluctuation and stratigraphy issues. There are few similar studies for the Kaliningrad Region. Meanwhile, coastal lagoons, lakes and peatlands in the alongshore zone of the Russian sector of the southeastern Baltic are of great interest for palaeogeographic investigation, which could add to the high-resolution Holocene palaeoreconstructions of the whole Baltic Region.

Our study is analyses patterns of landscape formation in the Neman Delta area (Fig. 1) after the last glacial retreat, taking into account their probable correlation with Baltic sea-level oscillations. We focus on the reconstruction of palaeovegetation and palaeoecosystem development inferred from palynological, macrofossil, radiocarbon, and topographical data. We discuss the comparison between our results and the well docu-

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A – geographic location of the Kaliningrad Region; B – types of landscape in the Kaliningrad Region (according to the map by N.N. Lazareva in: Orlionok, 2008); C – area of Koz'ye Bog with location of the study transect line and borehole sites (black circles)

mented records from sedimentary deposits of adjacent regions in the southeastern Baltic.

PEAT BED PROBING AND SAMPLING

MATERIAL AND METHODS

A large coastal raised bog, Koz'ye (Kaliningrad Region, Russia, 55.25500°N; 21.39000°E), was chosen as a study site due to it being an undisturbed ecosystem which is located in the northern part of the Neman Delta close to the mouth of Neman River and also to the shore of the Curonian Lagoon (Fig. 1B). According to geological data (Timofeev and Bogolyubova, 1998), the 0-level of the bog's peat bed lies ~2 m above the level of the Curonian Lagoon (Fig. 2). The study area is considered to be a key site for the reconstruction of landscape formation in this coastal zone. The palaeoinformation obtained from this site has been compared with that of the right-bank area of the Neman Delta (Bitinas et al., 2002; Damušytė, 2011). This provides an opportunity to develop a complete history of this trans-boundary area in the southeastern part of the Baltic Region.

The Koz'ye raised bog occupies an area of 1,400 ha within a mosaic landscape surrounded by various habitats such as flooded black-alder carrs, ancient dunes, floodplain meadows and fens which together comprise a reference ecosystem for the Neman Delta area. Field investigations were made along an axis (transect line) running across the whole mire area from east to west (Fig. 1C). The survey included the following operations according to standard techniques (Minkina, 1939; Vleeshouwer et al., 2010): a levelling procedure to determine the bog surface topography, manual peat bed probing to estimate the floor relief of the bog depression, selective coring of the peat bed and the collection of peat samples.

Levelling was carried out using an H-10 level, every 50 m. Peat depths were measured manually using a Russian peat corer fitted with a probe chamber (TBG-66 model) at 50 m intervals along the transect line until the point of resistance (Fig. 2), whereas the sites with an abrupt change in bog floor relief were probed every 20 m.

The peat bed coring and retrieval of peat samples was carried out using a Russian peat corer with a semi-cylindrical sample chamber (TBG-1 model) which is fitted with a semi-cylindrical cutting blade to provide undisturbed sediment monoliths. Sampling was carried out at 10 cm intervals of the retrieved core, with the exception of segments with a high degree of heterogeneity, in which case samples were taken at 5 cm intervals. We obtained 11 cores 150–700 cm in length, picking out 346 samples from across the whole profile of the bog site studied (Fig. 2).



Fig. 2. Lithostratigraphic cross-section of Koz'ye Bog

The level of the Curonian Lagoon is given following correlation with the scheme in Timofeev and Bogolyubova (1998)

RADIOCARBON DATING

The numerical age of the deposits was determined by radiocarbon dating of several peat horizons in the deepest borehole Kz-C (55.25234°N; 21.40882°E) and the bottom peat in the central borehole Kz-08 (55.25213°N; 21.39477°E). We obtained seven radiocarbon dates for the bulk peat samples (incl. fen, swamp, transition mire and raised bog peat) which were processed using the conventional scintillation-counting technique (LSC) in the Radiocarbon Laboratory of the Institute of Geography, Russian Academy of Sciences (Moscow, Russia, laboratory index "IGAN"). For the lower part of the core Kz-C, we also received two AMS radiocarbon dates processed in the Poznań Radiocarbon Laboratory (Adam Mickiewicz University, Poland, laboratory index "Poz"). The results of the radiocarbon dating are given in Table 1.

The radiocarbon dates obtained were calibrated using the programme *CALIB* (version 8.2 ¹⁴ChronoCentre, Queens University Belfast) by means of the calibration curve *IntCal20* (Stuiver et al., 2020). The calendar age is presented as a mean value within the confidence interval of the calibration curve +1 (Table 1).

The age model of the core was constructed by linear interpolation between the calibrated radiocarbon dates.

Taking into account that some very closely located peat horizons were dated with different, AMS and conventional, radiocarbon techniques and gave very discrepant dates (samples 4/5 and 7/8 in Table 1), we have excluded the three lower ¹⁴C conventional dates (5, 6 and 7 in Table 1) from the interpolation procedure due to their lower reliability.

Based on the data of interpolation, the age-depth model was plotted for Koz'ye Bog (Fig. 3) using *OxCal software v4.3.2* (Bronk Ramsey, 2017).

PLANT MACROFOSSIL ANALYSIS

Each of the 346 peat and gyttja samples were subjected to macrofossil analysis, which included a study of the degree of peat decomposition and the botanical structure of the plant remains. The estimation of the degree of peat decomposition was accomplished using both microscopic and elutriation techniques (Piavtchenko, 1963). In order to determine a peat type and a peat-forming plant community (thanatocoenosis), a botanical analysis of plant macrofossils in the peat was performed for each sample by microscopicy. Remains such as rootlets, fragments of rhizomes, leaves, stems, bark, epidermis and pieces of wood were identified to species level using a range of identification keys (Korotkina, 1939; Matyushenko, 1939; Dombrovskaya et al., 1959; Katz et al., 1977). Local macrofossil zones have been visually defined according to the compositional and dominance patterns of the different plant remains. Based on the results of the macrofossil analysis of the longest (7 m) core (Kz-C) a diagram of vegetational successions (Fig. 4) was plotted using C2 software (Juggins, 2014). A lithostratigraphic cross-section of Koz'ye Bog (Fig. 2) was generated by correlation of the macrofossil data from each of the 11 peat cores, retrieved along the transect line, whilst taking into account the mire floor relief and bog surface topography.

POLLEN ANALYSIS

Pollen analysis was conducted on 97 peat and gyttja samples collected from horizons (705–6 cm) of the core Kz-C retrieved from the deepest part of the bog. Samples were processed according to the Faegri-Iversen technique (1989) for preparation of pollen/spore specimens. Specimens were microscopically examined under 400-X magnification for species identification following standard identification keys (Kupriyanova and Alyoshina, 1972; Göttlich, 1990; Faegri and Iversen, 1993; Beug, 2004; Nelle, 2008). We counted no less than 400 arboreal pollen grains in each sample.

The pollen diagram (Fig. 5) was plotted using C2 software (Juggins, 2014). The percentage of taxa was calculated based upon the total terrestrial pollen sum, arboreal pollen (AP) plus non-arboreal pollen (NAP). Pollen from aquatic plants, spores

Table 1

Radiometric dating of the peat samples from Koz'ye Bog

No.	Lab. no.	Depth of sampling cm/core no.	Dated material	Dating method	Radiocarbon age (¹⁴ C)	Calibrated age interval for 1 , cal. yr BP	
					yr BP	beginning-end	probability
1	IGAN-4757	125–135/Kz-C	raised bog peat, weakly decomposed (bulk sample)	¹⁴ C conven- tional	890 ±90	<u>728–834</u> 844–859 863–908	0.650 0.082 0.267
2	IGAN-4758	435–450/Kz-C	fen peat, highly de- composed (bulk sample)	¹⁴ C conven- tional	2,630 ±70	2,622–2,627 <u>2,708–2,850</u>	0.018 0.982
3	IGAN-5243	505–515/Kz-C	fen peat, moderately decomposed (bulk sample)	¹⁴ C conven- tional	3,720 ±70	3,932–3,942 3 <u>,973–4,153</u> 4,208–4,220	0.032 0.930 0.038
4	Poz-123134	605–607/Kz-C	fen peat, highly decomposed	¹⁴ C AMS	5,720 ± 40	<u>6,444–6,560</u> 6,594–6,596	0.989 0.011
5	IGAN-5244	610–620/Kz-C	fen peat, highly decomposed (bulk sample)	¹⁴ C conven- tional	6,600 ±80	<u>7,429–7,515</u> 7,535–7,566	0.741 0.259
6	IGAN-4762	655–670/Kz-C	fen peat, highly decomposed (bulk sample)	¹⁴ C conven- tional	8,340 ±80	<u>9,273–9,469</u> 9,153–9,166	0.953 0.047
7	IGAN-4763	685–700/Kz-C	fen peat, highly decomposed (bulk sample)	¹⁴ C conven- tional	8,760 ±80	<u>9,654–9,897</u> 9,559–9,571 9,602–9,649	0.833 0.031 0.135
8	Poz-123136	700–702/Kz-C	fen peat, highly decomposed	¹⁴ C AMS	10,320 ± 60	11,944–12,108 12,113–12,176 12,235–12,253 12,307–12,324 12,356–12,377 12,391–12,438	3 0.528 3 0.181 3 0.049 4 0.046 7 0.054 8 0.142
9	IGAN-4764	340–350/Kz-08	Transition mire peat	¹⁴ C conven- tional	3,650 ±60	3,891–4,007 4,031–4,083	0.703 0.297

and algal coenobia (*Pediastrum boryanum*) were not included in the total pollen sum, and their frequency values were calculated in relation to the sum AP + NAP. To calculate pollen concentration in 1 cm³ of sediment, *Lycopodium clavatum* tablets were added to the samples prior to the maceration (Stockmarr, 1971).

Local pollen assemblage zones (LPAZ) were visually distinguished by AP and NAP interrelation, taking into account their appearance and extinction in the diagram, as well as the considerable frequency change compared to other species. LPAZ are defined as intervals where the pollen of a species reaches peak content in a horizon and where some species appear / decline (Boitsova, 1977).

CHRONOSTRATIGRAPHICAL CORRELATION

As regards subdivision of the Holocene Epoch, we use definitions 'early', 'middle' and 'late' Holocene basing on the recently adopted scheme of the International Commission on Stratigraphy (Walker et al., 2018), which considers global climatic events. Nevertheless, we also match our data with the traditional chronozones of the Blytt-Sernander classification (in Khotinsky, 1977; Mangerud et al., 1982). The latter is still in use in Russian and European palaeogeography and, in our opinion, is better applicable for describing the variations of vegetation at local or even regional scale in the Baltic Region. The units of these subdivisions can be approximately correlated between each other and with the scheme of Neustadt (1957), which also uses the terms 'early', 'middle' and 'late' Holocene (Table 2). All the local zones and stages in the diagrams (Figs. 4 and 5) are matched with the Blytt-Sernander chronozones according to the juxtaposed stratigraphic scheme of Kabailienė (2006) and the scheme of the developmental stages of the Baltic Sea (in Damušytė, 2011).

RESULTS

FIELD STRATIGRAPHY AND MACROFOSSIL CORRELATION OF THE CORES

Some preliminary data on the stratigraphy of Koz'ye Bog, based on the botanical composition of the peat, was published earlier (Napreenko-Dorokhova et al., 2017; Napreenko-Dorokhova and Napreenko, 2018). Here we summarise the data and add new detail reflecting our latest records.

The analysis of the 11 field cores from the peat deposits shows that there are two distinct basins of the Koz'ye Bog peat, each being separated into several minor kettles (Fig. 2). The underlying sand deposit rises in the centre, forming an inner bar which is, apparently, a remnant ridge from the ancient dunes.

The deepest point was recorded in the eastern large kettle at a depth 7 m from the surface (4.5 m below the water level of the Curonian Lagoon). According to the radiocarbon dating, this major kettle contains the oldest peat deposits and may be the genetic centre of the entire mire.

The macrofossil analysis of the 346 peat samples enabled us to define 17 botanically inferred peat units (Napreenko and



Fig. 3. Age-depth model and a peat accumulation curve (dashed line) for Koz'ye Bog

AMS-dates are marked in bold; see Table 1 for details of radiocarbon dates

Napreenko-Dorokhova, 2015), these 17 units being further classified into 6 specific types of peat. The latter are listed in the legends of Figures 2 and 4. The lithostratigraphic cross-section of Koz'ye Bog is based on the correlation of these peat types, which were arranged along the profiles of the 11 retrieved peat cores (Fig. 2). When combined with the radiocarbon dating the cross-section illustrates the main stages of mire development during the Holocene.

Most of the fen and transition mire peat deposits lie below the level of the Curonian Lagoon whilst the majority of the raised bog peat is above this level.

AGE-DEPTH MODEL

Figure 3 gives the age-depth model for the peat of the Koz'ye Bog in the core Kz-C accompanied by a plot of the peat increments. Four conventional dates for the upper peat samples and two AMS ¹⁴C-dates for the lower horizons provide six age reference points for the whole peat bed. In spite of the fact that the three dates: 7,472; 9,371 and 9,776 cal. yr BP, lie in the vicinity of the curve, they are not included in the calculations, being less reliable.

The average accumulation rate of the peat was very low (0.2–0.4 mm/yr) during of 9,000 year interval between 12,100–2,800 cal. yr BP, within the Late Glacial to the beginning of the Late Holocene. An abrupt shift to more active peat accumulation started from the beginning of the Subatlantic chronozone (2,800 cal. yr BP), reaching the rate of 1.6 mm/yr.

PLANT MACROFOSSIL DATA

Figure 4 shows the macrofossil distribution through the 7 m long peat core Kz-C from the deepest kettle in the eastern part of the mire. The eight macrofossil zones represent the pattern of mire development in the study area during the Late Glacial and Holocene time.

Macrofossil zone I (700–645 cm, 12,200–8,600 cal. yr BP). The predominant plant macrofossils are the residues of a hydrophilic moss *Drepanocladus* sp. that reached >90%. The remains of *Phragmites australis*, *Menyanthes trifoliata* and *Alnus glutinosa* are continuously present in the lower part of the zone (5–30%), but disappear towards the middle. *Carex lasiocarpa* is present in negligible amounts but rapidly increases towards the top.

Macrofossil zone II (645–583 cm, 8,600–6,000 cal. yr BP). This zone is defined by a rapid decline in the percentage of *Drepanocladus* (<5%). *Phragmites australis* and *Carex lasiocarpa* become the dominant taxa (30–50%). *Alnus glutinosa* appears at the top of the previous zone and is recorded here at all levels but in very low amount (<5%).

Macrofossil zone III (583–472 cm, 6,000–3,400 cal. yr BP). *Carex lasiocarpa* becomes the dominant species, reaching 80–90%. The other fen species (*Drepanocladus*, *Phragmites australis*, *Menyanthes trifoliata* and *Alnus glutinosa*) decrease to ~1–5%. The plant residues represented by the smallest percentages (1–2%) are those of the transition mire species *Eriophorum vaginatum* and *Pinus sylvestris*.

Macrofossil zone IV (472–382 cm, 3,400–2,350 cal. yr BP). Minerotrophic species (*Phragmites australis, Menyanthes trifoliata* and *Alnus glutinosa*) are abundant in the first half of the zone but they decrease towards the top. In the upper part, *Eriophorum vaginatum* and *Pinus sylvestris* are dominant (50–80%), and *Sphagnum* species (1–5%) appear.

Macrofossil zone V (382–134 cm, 2,350–800 cal. yr BP). The dominant species is *Sphagnum fuscum* which makes up 80–95% of the plant residue. Other species of *Sphagnum* are insignificant. The percentage of *Eriophorum vaginatum* varies from 2 to 15%.

Macrofossil zone VI (134–81 cm, 800–400 cal. yr BP) is characterized by the dominance of hydrophilic taxa. *Sphagnum balticum* and *S. cuspidatum* are the predominant species (60–70%), the residues of *S. angustifolium/S. fallax* group be-



bodies in the intermound kettle holes of the ancient dunes: Phragmites-Drepanocladus; II - buoyant mats of Phragmites and sedges: Phragmites-Carex-Drepanocladus; III - a sedge fen: Carex lasiocarpa; IV - communities of the transition mire: Pinus + Alnus-Eriophorum + Menyanthes; V - an active raised bog developing a hummock-hollow pattern: Sphagnum fuscum; VI - an active raised bog with extensive wet *Sphagnum* carpets: *Scheuchzeria–Sphagna (balticum + cuspidatum + fallax + angustifolium*); VII – a dome-shaped raised bog with a hummock-hollow pattern, hummock-ridge complexes and wet *Sphagnum* lawns: *Sphagnum magellanicum* + *S. cuspidatum*; VIII – a hummock-hollow pattern dominated raised bog with coastal climate features: *Baeothryon–Sphagna (magellanicum + rubellum)*. The chronozones of the Blytt-Sernander classification are given after Khotinsky (1977) and Mangerud et al. (1982) The mean values of the calibrated ages are indicated. The macrofossil zones (successions of vegetation) are given in accordance with the data on botanical composition of the peat: I – overgrown water

Table 2

No.	Age according ICS subdivision [cal. yr BP] (before AD 1950)	Subdivision by the International Commission on Stratigraphy, ICS (Walker et al., 2018)	Blytt-Sernander chronozones (Damušytė, 2011) [cal. yr BP] (before AD 1950)	Neustadt sequence (Neustadt, 1957) [cal. yr BP] (before AD 1950)
1			Subatlantic (SA ₁ , SA ₂)	Late Holocene (HL-4)
	4,200–present	Late Holocene Subepoch (Meghalayan Stage)	2,600-present	2,600–present
			Late Subboreal (SB ₂) 4,050–2,600	Middle Holocene (HL-3) – end of the period 4,050–2,600
2		Mid-Holocene Subepoch (Northgrippian Stage)	Early Subboreal (SB ₁)	Middle Holocene (HL-3) -
			5.700-4.050	major part of the period
	8,276–4,200		Atlantic $(\Delta T, \Delta T_{\rm e})$	8 600-4 050
		(8,600–5,700	0,000 1,000
3			Boreal (BO)	Early Holocene (HL-2)
	44 050 0 070	Early Holocene Subepoch (Greenlandian Stage)	10,200-8,600	10,200-8,600
	11,000-8,276		Preboreal (PB)	Older Holocene (HL-1)
			11,500–10,200	11,500–10,200
				•

ing less numerous (20–30%). *Scheuchzeria palustris* reaches 10%. The hummock species, *Sphagnum fuscum*, disappears whereas *Sphagnum magellanicum* shows an increase at the top of the zone.

Macrofossil zone VII (81–13 cm, 400–60 cal. yr BP) shows a mixture of hummock and hollow bog *Sphagna* (*S. magellanicum, S. cuspidatum S. angustifolium/S. fallax*) dominating in this zone; together they exceed 90% of the residues. *Scheuchzeria palustris* reaches 5–7%.

Macrofossil zone VIII (13–0 cm, 60 cal. yr BP – present). The dominant species are *Sphagnum magellanicum* and *S. rubellum* (55–80%). The presence of *Baeothryon cespitosus* is an important characteristic of this zone. The percentage of the *S. angustifolium / S. fallax* group and *Scheuchzeria palustris* reaches 5–7%.

POLLEN DIAGRAM

The pollen diagram (Fig. 5) was plotted based on the data from the deepest (7 m) peat core Kz-C of Koz'ye Bog spanning a period from the Late Glacial to the latest Holocene. Figure 5 presents seven local pollen assemblage zones (LPAZ) identified as described in Material and Methods.

LPAZ 1: *Pinus*–NAP (non-arboreal pollen species), (703–660 cm, 12,200–9,700 cal. yr BP). This zone is quite clearly separated from the rest of the diagram. Pollen from arboreal species dominates the general composition (75–80%).

Arboreal species are mainly represented by the pollen of *Pinus* (41–58%) and *Betula* sp. (20–43%), a small amount of *Salix* sp. (1–3%) and a trace amount of *Alnus, Corylus* and *Picea*. The percentage of herb pollen is the highest among the LPAZ, ranging from 17 to 25%. The dominant taxa are *Artemisia*, Chenopodiaceae, Polygonaceae, Cichorioideae, *Silene*. Some *Selaginella* spores were also detected. An important characteristic of this pollen zone is the high content of the green freshwater alga *Pediastrum boryanum*.

LPAZ 2: *Betula* (660–645 cm, 9,700–8,800 cal. yr BP). This pollen zone is characterised by a visible rise and peak value in the percentage of *Betula* pollen (<42%). This declines at the end of the zone with the simultaneous rise of the *Pinus* curve. The second important feature is an evident decrease in the percentage of NAP pollen, which falls to as low as 2% at the top.

The amount of *Alnus* and *Salix* increases up to 5%. *Quercus* and *Tilia* are present, but only in small amounts (1–2%).

LPAZ 3: *Pinus–Alnus* (645–601 cm, 8,800–6,400 cal. yr BP). The lower boundary of LPAZ 3 is defined by a decrease in the amount of *Betula* pollen (3–16%) and all non-arboreal species which coincides with an increase in the percentages of pollen from *Pinus* (50–86%) and *Alnus* (4–37%) and the appearance of Polypodiales spores. Some changes are evident from the middle of the pollen zone, in particular, an increase in the percentages of *Corylus* pollen and Polypodiales spores, the appearance of *Tilia* pollen and the extinction of *Salix*; however, the proportion of *Picea* pollen is still negligible. Based on the pollen spectra, LPAZ 3 may match the end of the Boreal and the beginning of the Atlantic chronozones, though the radiocarbon dates give a younger age for the upper part of this LPAZ.

LPAZ 4: *Quercus–Tilia–Ulmus–Corylus* (601–483 cm, 6,400–3,500 cal. yr BP). The lower boundary of LPAZ 3 is marked by a decline in the *Pinus* pollen curve (14–50%), a simultaneous increase in the percentage of pollen from *Tilia* (<4.5%), *Ulmus* (<8%) and *Corylus* (<7%), and the appearance of *Quercus* pollen (<10%). There is a substantial rise in the percentage of *Alnus* pollen (20–40%), and the value of *Picea* also increases, especially towards the end of the pollen zone. LPAZ 4 can be correlated with the Atlantic and the first half of the Subboreal chronozones.

LPAZ 5: *Alnus–Picea* (483–433 cm, 3,500–2,700 cal. yr BP). The lower boundary of this pollen zone is defined by a considerable increase in the percentage of *Alnus* pollen (40–71%) and a simultaneous decline in the amount of pollen from thermophilic tree species of the nemoral assemblage: *Ulmus*, *Quercus*, *Corylus* and *Tilia*. When compared with the other pollen zones, the percentage of spruce (*Picea*) pollen is higher, hornbeam (*Carpinus*) pollen appears, single pollen grains of buckthorn (*Frangula alnus*) are found, and Polypodiales spores occur throughout the whole pollen zone. Based on the pollen spectra, LPAZ 5 may be correlated with the second half of the Subboreal chronozone.

LPAZ 6: Carpinus – Picea (433–43 cm, 2,700–250 cal. yr BP). The lower boundary is defined by a decrease in the percentage of Alnus pollen and a simultaneous increase in the pollen concentration of Betula, Corylus, Carpinus, Quercus, Ericaceae (including Calluna) and some terrestrial herbaceous



plants (Cereales, *Artemisia*). The percentage of *Picea* pollen is still high, pollen from *Pinus*, *Tilia* and *Ulmus* is common, and single buckthorn (*Frangula alnus*) pollen grains are also present. This pollen zone matches most of the Subatlantic chronozone.

LPAZ 7: *Pinus–Picea–*NAP (43–6 cm, 250 cal. yr BP – present time). This pollen zone matches the latest Subatlantic chronozone and illustrates the obvious anthropogenic impact distinctly identified by the considerable percentage of herbs (11%) that include cereals (*Secale*-type) and synanthropic species (*Artemisia*, Chenopodiaceae), and the essential increase in the value of *Pinus* and *Picea*. By contrast, the percentage of all nemoral arboreal species (*Alnus, Ulmus, Tilia, Quercus, Corylus, Carpinus*) declines by a great extent whilst the pollen of *Fagus* disappear. There is a decline in the amount of *Sphagnum* spores, which likely indicates a decrease in the growth rate of peatland, in the last 100–150 years, caused by drainage.

DISCUSSION

MIRE FORMATION IN THE AREA OF THE KOZ'YE BOG

The macrofossil diagram indicates that the peat formation process began during the Younger Dryas chronozone ~12,100 cal. yr BP in a low-productivity pool dominated by hydrophilic bryophytes with a minimal peat accumulation rate (macrofossil zone I). The large amount of *Pediastrum boryanum* coenobia in the pollen diagram (Fig. 5) indicates the existence of a water body during this period, while further up the core, the amount of *Pediastrum boryanum* gradually decreases and finally ceases with the simultaneous appearance of *Typha latifolia* pollen, indicating the occurrence of shoaling.

Residues from *Carex lasiocarpa* and *Phramites* appeared in the same period on the macrofossil diagram (Fig. 4), it is clear that aquatic communities were replaced 8,600 cal. yr BP by mesotrophic fen vegetation dominated by *Phragmites* and *Carex*. These indicators reflect a process of terrestrialisation which occurred in the existing water body resulting in the formation of a fen.

So, the pioneer wetland stage lasted ~3,500 years and spanned the end of the Late Glacial and the whole early Holocene (the Younger Dryas, Preboreal and Boreal).

Tussocky fen vegetation (macrofossil zones II and III) was dominant here during a long period of nearly 5,000 years which spanned the entire Atlantic and most of the Subboreal chronozones (8,600–3,500 cal. yr BP). This phase was also characterised by generally low organic accumulation.

Macrofossil zone IV shows that there was a rapid replacement of the fen vegetation by the transition mire that existed here during an 800-year period in the late Subboreal and the early Subatlantic chronozones (3,500–2,300 cal. yr BP).

Macrofossil zone V indicates that there was rapid colonisation of the territory by *Sphagnum fuscum*-dominated raised bog communities at 2,300 cal. yr BP. This led to a considerable increase in the peat accumulation rate, which may have also been affected by climatic fluctuations in the Subatlantic.

The brief zones VI, VII and VIII reflect stages of vegetation succession and environmental alteration which were induced, presumably, both by natural factors (the development of the bog micro- and meso-topography, hydrographic conditions and climatic changes) and anthropogenic influence in the late Subatlantic during the last 800 years.

At the same time, the macrofossil diagram does not reveal any obvious marks of an inundation or submersion of the area during the Baltic transgressions within the entire study period.

DEVELOPMENT OF THE LATE GLACIAL AND HOLOCENE ENVIRONMENTS

Based on the macrofossil analysis results, the lithological correlation of the peat cores, the pollen analysis and radiocarbon dating of the Koz'ye Bog deposits, several stages can be identified within the development of the Late Glacial and Holocene environments in the Russian part of the Neman Delta area. Since the study area is located in a coastal region, the main sea-level oscillations of the Baltic could, to a certain extent, have influenced the process of vegetation development and mire formation which, in its turn, should be reflected in the pollen spectra, lithostratigraphic profile and mire palaeo-succession diagram (Figs. 2–4). These data are summarised in a final chart (Fig. 6) indicating main environmental variations revealed in the studied area during the Late Glacial and Holocene.

The Younger Dryas, Preboreal and Boreal chronozones, 12,200–9,700 cal. yr BP (within LPAZ 1): an open cryophilic landscape, a delayed response to the global early Holocene warming. The pollen spectra indicate that a significant role was played by key cryophilic elements, which were common in tundra-like communities in the Younger Dryas chronozone. In particular, (1) a wide range of non-arboreal steppe-tundra species and an abundance of their pollen (*Artemisia*, Chenopodiaceae, Polygonaceae), (2) the presence of light-demanding cryophilic elements (*Saxifraga*, *Selaginella*), (3) a slight but distinct increase in the percentage of *Salix* pollen, and (4) the absence of thermophilic broad-leaved species. The pollen arrangement in LPAZ 1 may reflect a cryophilic open landscape with scattered patches of forest communities.

These features may have been a response to the climatic shift within the glacial stadial GS-1 in the North Atlantic (Alley, 2000; Litt et al., 2001; Boussman and Vierra, 2012) causing severe – cooler and drier – environmental conditions with a more distinct climatic continentality when compared with the subsequent Holocene environments. Similar vegetation traits were present in the adjacent Baltic regions in the Younger Dryas (Ralska-Jasiewiczowa et al., 2004; Kabailienė, 2006; Apolinarska et al., 2012; Gałka et al., 2014; Stančikaitė et al., 2015; Zernitskaya et al., 2019) as well as in most of Europe (Neustadt, 1957; Gudelis, 1975; Lang, 1994; Litt et al., 2001) and North America (Boussman and Vierra, 2012).

At the same time, most of these climate indicators usually show a distinct decrease or disappearance during the transition from the Late Glacial to the Holocene (11,650 cal. yr BP). Nevertheless, our dating and further interpolation give a broader temporal interval for this stage (Fig. 5, LPAZ 1) and therefore suggests that this type of vegetation was also common here at a later time, at least up to the middle of the Boreal (~9,700–9,500 cal. yr BP).

The existence of the cold conditions that affected LPAZ 1 are also supported by the corresponding plant macrofossil data (Figs. 2 and 4, macrofossil zone I) which are mainly represented by the remnants of *Drepanocladus*, a hydrophilic moss predominant in tundra lake communities. According to earlier data (Steffen, 1931; Benrath, 1934; Pobedimova, 1955; Bitinas et al., 2002), hydrophilic bryophyte communities containing *Drepanocladus* were widespread in the southeastern Baltic Region during the Preboreal. Benrath (1934) suggested a similar age for the bottom horizons of the peat bed in the eastern part of the Koz'ye Bog (Bredschuller Moor). He inferred that these limnic gyttja deposits with considerable humidification developed via a paludification process on the older morainic terrace during the Ancylus transgression.

Our dating gives a time frame of 12,200–8,600 cal. yr BP for these peat deposits (Fig. 4, macrofossil zone I), showing that

they formed in the, presumably, similar environments of a cold and dry climate during a long period that spanned a major part of the Younger Dryas, the entire Preboreal and the initial half of the Boreal chronozones.

Thus, we may assume the existence of cryophilic tundra-like or steppe-tundra vegetation, or at least fragments of such vegetation, in this territory up to the mid-Boreal (~9,700–9,500 cal. yr BP). However, other areas of the region clearly show the spread of birch and pine forests during this time (Napreenko-Dorokhova, 2015; Druzhinina et al., 2015; Napreenko and Napreenko-Dorokhova, 2020). This also took place in neighbouring regions of northern Poland (Kołaczek et al., 2013; Fiłoc et al., 2014; Gałka et al., 2014), Lithuania (Kabailienė, 2006; Stančikaitė et al., 2015) and Belarus (Zernitskaya et al., 2019). The reasons for the supposed palaeogeographic delay are still unclear at present.

Emphasising the contrasting pollen sequences for the areas mentioned above, especially for those sites located in the southeastern part of the Kaliningrad Region (Druzhinina et al., 2015, 2020), we should, however, note that this area had already become ice-free, during the retreat of the ice sheet to the line of the South-Lithuanian end moraines (Uscinowicz, 1999; Gaigalas et al., 2001; Kazakauskas and Gaigalas, 2004). As is shown in these papers and based on the estimated ice sheet recession rate in this region of 50 m/yr (Lasberg and Kalm, 2013), this should have occurred ~15,000 cal. yr BP, i.e. ~2,000 years earlier than in the Neman Delta area where final deglaciation was recorded not later than 13,600-13,300 cal. yr BP (Rinterknecht et al., 2008; Lasberg and Kalm, 2013). Hence, the vegetation cover began to develop much earlier in the southern parts of the Kaliningrad Region while the northwestern territories were still occupied by the glacier. This may have been also among the possible causes that have influenced the course of vegetation development in the study area.

Meanwhile, some sites located in the area of the Last Glaciation ice retreat limits of the North-Lithuanian and Middle-Lithuanian phases (Gaigalas et al., 2001; Kazakauskas and Gaigalas, 2004) show pollen data similar to ours. These are pollen diagrams from the Lopaičiai Kettle in the Samogitian Upland, NW Lithuania (Kabailienė et al., 2015) and a small peatland in the erosional valley between the Sheshupe and Instruch rivers, in the northern part of the Kaliningrad Region (Bitinas et al., 2017). In particular, they show a high percentage of non-arboreal xerophilic (steppe-tundra) elements, such as Artemisia, Chenopodiaceae, Ephedra, Poaceae, up to the end of the early Boreal (9,300-9,000 cal. yr BP). The Lopaičiai diagram demonstrates also the dominance of Pinus up to 7,500 cal. yr BP (mid-Atlantic) and expansion of broad-leaved trees not earlier than 7,000 cal. yr BP (late Atlantic). These facts may also have been related to the late ice sheet retreat, and therefore to some probable climatic peculiarities of the sites located in the coastal regions.

In spite of a great number of papers showing a rapid shift in the mean annual and summer temperatures during the Late Glacial–Holocene transition and their further gradual rise in the early Holocene, there are some studies that consider the delayed warming during this period as a result of the regional patterns of climate evolution in the south and eastern Baltic (von Grafenstein et al, 1999; Subetto et al., 2000; Wolfahrt et al., 2007; Lauterbach et al., 2011). The authors of these associated the later climate amelioration and related response in the vegetation changes with such factors as the cold temperature of the surface waters of the Baltic Ice Lake, the proximity of high-pressure cells above Northern Europe as well as the related easterlies of increased strength, extensive permafrost, and stagnant ice. Taking into account the coastal location of the study area, all these factors might have had an impact on the local environment, which, when combined with the poor soils of the morainic terrace, may have led to a persistence of cryophilic vegetation in the dune and morainic landscape in this area up to the second half of the Boreal. Nevertheless, this question requires more proxy data to be answered.

The late Boreal and Atlantic chronozones, 9,700–6,400 cal. yr BP (within LPAZ 2 and 3): gradual warming, an inundation of the area, and the dominance of birch and pine forests. LPAZ 2 shows a clear decline of NAP and an increase of AP, which demonstrates that Betula was widespread. This may indicate a transition from open cryophilic vegetation to the dominance of birch, presumably within a forest-tundra landscape. According to the aforementioned references on the palaeogeography of the adjacent regions, this change in the pollen spectra is typical of the end of the Younger Dryas and Preboreal in the 12,100–10,800 cal. yr BP interval. In our case, cryophilic elements underwent a conspicuous decline in their percentage totals within an interval 9,700-8,700 cal. yr BP (Fig. 5) with a simultaneous rise in the amount of the arboreal pollen. This transition in Koz'ye Bog occurred in the last half of the Boreal chronozone (Fig. 5), which reveals that there was a time lag in the study area's environmental chronology of ~1,000–2,000 years when compared to other Baltic regions (Fig. 5, see comparison of the pollen-inferred and radiocarbon-inferred chronozone subdivision).

The pollen curves within LPAZ 3 indicate that this was when pine forests reached their maximum extent, and that broad-leaved forests started to spread in the study area shortly after this. This illustrates that the climate was warming.

Simultaneously, a substantial decrease in the number of birch stands occurred whilst the spread of the alder carr woodlands began. The latter, however, according to the percentage of *Alnus* pollen (on average 20%), were not as wide spread as in the Late Holocene and occupied only separate flooded depressions. Nevertheless, during the latter half of this stage, alder carrs developed and expanded to new areas in the study region. All these alterations are demonstrated by the considerable amount of *Alnus* pollen and Polypodiales spores in the pollen diagram (Fig. 5) as well as by the sedimentary characteristics of the *Phragmites* fen peat (Figs. 3–5).

The boundaries of this stage comprise the period of three transgressions in the Baltic basin (Damušytė, 2011), which were related to the global rise in the level of the World Ocean. This is the final stage of the Ancylus transgression (A, 9,200–8,300 cal. yr BP) and two Littorina transgressions (L₁, 8,300–8,000 cal. yr BP and L₂, 7,500–7,000 cal. yr BP); the latter had an important impact on coastal regions.

According to a number of geological data sets (Bitinas et al., 2002; Gelumbauskaitė, 2009; Damušytė, 2011), the shoreline did not exceed the present-day Baltic sea level during the Ancylus and the first Littorina transgressions, but was 6–10 m below it (Damušytė, 2011).

On the other hand, according to the same sources (Bitinas et al., 2002; Gelumbauskaite, 2009; Damušytė, 2011), the rise in the water level exceeded the present-day shoreline position by several metres during the second, the most pronounced, Littorina transgression (L₂, 7,500–7,000 cal. yr BP) which led to the submergence of a large area in the study region of the Lower Neman lowland. Based on the available cartographic data (Damušytė, 2011), the coastline extended several kilometres east of the present-day location of Koz'ye Bog, having exceeded the current shoreline level by 3 m.

Our data may indicate the possibility of such transgression events during that period.

1. The peat bed contains an admixture of sand at two horizons (615 cm and 613 cm) with an interpolated age of 7,000 and 6,900 cal. yr BP respectively, and then the structure of the peat deposits changed abruptly in (Fig. 5).

2. The peat deposits contain a considerable amount of mud in this part of the core.

3. The pollen concentration increases sharply in this part of LPAZ 3 (from 12,000 up to 30,000-40,000 pollen grains per cm³), furthermore, poorly preserved pollen grains are frequently found in the area, which are likely to have been redeposited here.

4. The pollen diagram (Fig. 5) shows that the curve peak of the fen ferns (Polypodiales) matches this period, i.e. the dominance of hygrophilic plants that were deposited *in situ*.

This may mean that the study region was partially submerged by sea-water during the second Littorina transgression, which may have led to the interruption of peat deposition in Koz'ye Bog and additionally influenced a delay in the appearance of nemoral-assemblage thermophilic species (*Quercus, Ulmus, Tilia*) in the pollen diagram (Fig. 5). Their expansion was recorded in the diagram only at 7,500 cal. yr BP (*Tilia*) or 6,500 cal. yr BP (*Quercus, Ulmus*).

Thus, these transgression-induced factors, such as the submergence of the area and the high ground water level, may have contributed to the fact that thermophilic broad-leaved species are recorded in this area 1,000–2,000 (and in some cases 3,000) years later than in other regions of the southeastern Baltic, where their expansion had already started during the early Atlantic or even the late Boreal, 9,500–8,600 cal. yr BP, (Kabailienė, 2006; Koůaczek et al., 2013; Gałka et al., 2014; Stančikaitë et al., 2015; Napreenko and Napreenko-Doro-khova, 2020). However, the regional peculiarities which affected the development of the climate may also be considered as among the possible causes.

The Late Atlantic and the initial half of the Subboreal chronozones, 6,400–3,500 cal. yr BP (within LPAZ 4): the maximum extent of nemoral-assemblage species. The pollen data demonstrates an expansion of deciduous forests in the Lower Neman lowland that occurred during this period. The character of the pollen spectra arrangement shows a distribution maximum of deciduous forests in the surrounding vegetation, indicating the formation of a warmer environment favourable for dispersal of species-rich temperate (nemoral) broad-leaved communities also known as Quercetum mixtum.

The widespread distribution of *Alnus* was favoured by the near-sea level location of the territory and the area having an undulating relief with numerous depressions. According to the published data (Steffen, 1931; Pobedimova, 1955), black alder (*Alnus glutinosa*) spread in the region of the southeastern Baltic coast in the late Boreal chronozone, during the Ancylus transgression. However, this process occurred in the northern part of the Lower Neman lowland at a much slower rate. So, even in the Atlantic chronozone, the distribution of *Alnus* did not reach its maximum there. This was also the case for the neighbouring territory of Lithuania (Gudelis, 1975).

Unlike the previous pollen zone, LPAZ 4 does not reveal any clear indications of the impact of the transgression on the vegetational development process. Although there is a local peak of *Alnus* pollen that matches the peak value of the mire fern spores (Polypodiales) at the very beginning of LPAZ 4; with the sporadic appearance of *Myriophyllum* pollen, this may indicate a short-term inundation of the area along the edge of the peatland.

During the third Littorina transgression (L_3 , 4,700–4,100 cal. yr BP), according to available data (Bitinas et al., 2002;

Damušytė, 2011; Kublitsky, 2016), the shoreline only shifted several kilometres eastwards from the present-day position and most likely reached the western margin of Koz'ye Bog. Bitinas et al. (2002) proposed that the large mires in the northern part of the Neman Delta (Augstumal, Rupkalviai) were located along the coastline during this period, surrounding a shallow water bay. Koz'ye Bog appears to be a continuation of this chain of mires.

The final part of LPAZ 4 correlates with the middle of the Subboreal chronozone and the initial stage of the Post-Littorina transgression (PL, 3,700–2,400 cal. yr BP). The sea level of the study area was 3–4 metres lower than its present level, which should not have led to submergence of the territory; however, in the northernmost parts of the delta, the sea level rose 2–4 m (Damušytė, 2011). The pollen diagram (Fig. 5) shows a distinct peak in the Polypodiales spore curve at these horizons, together with an occurrence of *Typha* pollen, a plant of aquatic habitats. There was also a certain amount of poorly preserved *Alnus* pollen in the peat horizons that matches the upper part of LPAZ 4, while the total amount of *Alnus* pollen decreased abruptly for a short time. These observations may suggest that there was a short-term inundation of the territory.

As noted earlier (Bitinas et al., 2002), the process of peatland development distinctly intensified in this region during the regression of the Littorina Sea between the second and third transgressions (7,000-4,700 cal. yr BP). Nevertheless, the peat accumulation rate remained rather low 0.4-0.5 mm/yr (Fig. 3), probably due to the simultaneous rapid decomposition of the peat in response to the milder climate and higher groundwater table, which impeded the transition of the mire into a raised bog. In this context, it is more appropriate to use the term "mire formation" rather than "bog development" as used in Bitinas et al. (2002), since the mires in this region remained at the fen stage, with the flora including Carex lasiocarpa, up to the beginning of the Subatlantic chronozone (2,300 cal. yr BP for Koz'ye Bog). It was only after this that the rapid development of raised bogs began (Napreenko-Dorokhova et al., 2017; Napreenko-Dorokhova and Napreenko, 2018). Deciduous forests of the nemoral assemblage were dominant in the surrounding areas during the Atlantic and the first half of the Subboreal chronozone. As we reported earlier (Napreenko-Dorokhova, 2015; Napreenko-Dorokhova et al., 2017), the climatic conditions during the initial half of the Subboreal chronozone (5,700-4,000 cal. yr BP), especially in the coastal areas, were similar to those in the Atlantic chronozone. This became an important factor which promoted the existence of deciduous forests in the area. Nevertheless, the pollen diagram (Fig. 5) shows an evident increase in the percentage of spruce (Picea) pollen in the upper part of LPAZ 4. The first half of the Subboreal chronozone is considered to be a period when the forests were undergoing gradual restructuring, in short, there was a transition from deciduous broadleaf forests into spruce-broadleaf communities in the study region, resulting in the formation of a specific zonal vegetation type which was a characteristic feature of the Southeastern Baltic Region during the Late Holocene and remains so until this day (Napreenko and Napreenko-Dorokhova, 2020).

The late Subboreal, 3,500–2,700 cal. yr BP (within LPAZ 5): a short-term inundation, the expansion of alder carrs. According to the published data (Steffen, 1931; Neustadt, 1957; Usinger, 1975; Göttlich, 1990; Lang, 1994; Latałowa and Knapp, 2006; Giesecke et al., 2017; Novenko et al., 2018), the Subboreal chronozone was a time when the range of spruce was expanding, spreading from Eastern Europe; at the same time, beech forests became widely distrib-



Fig. 6. Summary chart indicating the main Late Glacial and Holocene environmental variations in the Koz'ye Bog area

Explanations as in Figure 5; the chronozones of the Blytt-Sernander classification are given after Khotinsky (1977) and Mangerud et al. (1982)

uted in coastal regions. The pollen diagram (Fig. 5) shows that beech (*Fagus*) did not spread in the study area, while spruce (*Picea*) was increasing throughout the territory of the northern part of the Lower Neman lowland. Therefore, it may be assumed that spruce-broadleaf forests were common here during the final half of the Subboreal chronozone. Their structure was similar to the present-day broadleaf-conifer forests typical of the central part of the Kaliningrad Region which contain spruce and oak in the main canopy and an understorey of hornbeam and hazel (Napreenko and Napreenko-Dorokhova, 2020).

At the same time, black alder (*Alnus glutinosa*) reached its maximal distribution in the area; this was presumably caused by the high groundwater table and storm surges which may have led to inundation of the territory. This factor, in turn, accelerated the mire formation process in this landscape area, having facilitated a wide distribution of the alder carr ecosystems. These habitats are a distinctive landscape feature of the Neman Delta area.

According to the cartographic reconstructions (Damušytė, 2011; Kublitsky, 2016), part of the study area remained submerged by the waters of a shallow, 1–2 m deep, lagoon of the Post-Littorina Sea that was in a stage of transgression (3,700–2,400 cal. yr BP). Damušytė (2011) reported that the shoreline was several kilometres east of Koz'ye Bog, though the data from our investigations does not reveal any traces of peat bed submergence. As can be seen from the composition of plant macrofossils in the peat samples (Fig. 4, stage IV), by that time, the primary mire kettle contained an already thick bed of peat deposits (~3 m), on which a transition mire started to form (*Menyanthes*, bark of *Pinus*). There was a change from *Carex* peat to ligneous peat with *Phragmites*, while the rate of peat accumulation increased slightly to 0.5 mm/year (Figs. 2 and 4) in the upper half of the pollen zone.

The Subatlantic chronozone, 2,700–250 cal. yr BP (within LPAZ 6): spruce-broadleaf forest development, deltaic landscape formation. The pattern of the pollen spectra within LPAZ 6 indicates that wet alder communities and broadleaf-coniferous forests were widely distributed and were, in spite of their structural changes, characterised by varied species compositions. On the whole, the vegetation is similar to that of the previous pollen zone. The sites at higher locations were dominated by mixed spruce-broadleaf communities, which are still common throughout the entire southeastern Baltic region (Leontiev, 1955). However, when compared with the previous pollen zone, the composition of these forests were changed to some extent since hornbeam (*Carpinus*) became more significant in this pollen zone, apparently, due to a decline of the role of other broadleaf species.

There was an extensive formation of bogs and an increase in the percentage of ericaceous pollen (Ericaceae incl. *Calluna*) and the formation of the *Sphagnum fuscum* peat type (Fig. 5) which indicates that the mire was entering the raised bog stage. The peat accumulation rate remained rather high (up to 1.6 mm/yr), and the *Sphagnum* peat layers exceeded the edges in some mire kettles and merged to form a wider bog development, having formed a new natural elevation within the surrounding lowland landscape (Fig. 2).

At the same time, the shoreline of the Post-Littorina Sea retreated gradually, having reached its current position (Damušytė, 2011). In the middle of the Subatlantic chronozone (1,100–1,000 cal. yr BP), different alluvial processes started to sculpt the present-day topography of the delta (Bitinas et al., 2002), leading to the development of a landscape of coastal deltaic lowlands formed by alluvial and mire deposits. Wet alder carrs and large mires were the dominant ecosystems in this landscape across large areas. The scattered crests of ancient moraines and old dunes were occupied by spruce-broadleaf and pine forests.

The latest Subatlantic chronozone, ~250 cal. yr BP to the present (within LPAZ 7): human-induced landscape shifts. Since the second half of the XVIII century, substantial vegetational shifts, induced by anthropogenic impact, occurred both in the northern and southern parts of the Neman Delta (Napreenko-Dorokhova and Napreenko, 2018). Extensive land use and clear-cutting resulted in a substantial loss of broadleaf and spruce-broadleaf forests and, at the same time, caused an increase in agricultural areas and synanthropic habitats, as well as secondary pine and birch stands, in both territories.

In summary, as shown in the pollen diagram for Koz'ye Bog, there is a clear trend of decline in the percentage of *Pinus* pollen from the Late Glacial to the Late Holocene, and a simultaneous increase in the percentage of *Alnus* pollen. The course of the pollen curves illustrates that a structural change in the vegetation cover of this landscape area occurred, whereby the dominant pine forests were replaced by black alder carrs. We believe that this transformation was a response not only to changes in the climate but also to geomorphological transformations in the landscape structure of the territory, in particular, due to the erosion of the hilly coastal terrace caused by transgression during the formation of the Baltic. This led to a formation of a low coastal plain, the Lower Neman lowland. These findings are sufficiently corroborated by data on the Baltic transgressions (Bitinas et al., 2002; Damušytė, 2011).

Most of the *Sphagnum* peat was formed no later than during the last 2,300 years (see also the age-depth model and macrofossil diagram, Figs. 3 and 4). This shows that Koz'ye Bog is, in general, a relatively young geological object. The development of the mire took place during a long period of isolated kettles where the formation of the mires may have had different origins and, as can be deduced from the cross-section (Fig. 2), different courses of vegetation change. The formation of the entire mire system began only during the period when *Sphagnum*-dominated communities were rapidly distributed in the Late Holocene, when peat deposits in the separate kettles merged and formed an entire peat bed that became the basis of the large raised bog.

CONCLUSIONS

Our assessment of the data has enabled us to identify the general course of environmental development in the region of the present-day Lower Neman lowland during the Late Glacial and the Holocene.

1. During the Younger Dryas, Preboreal and Boreal chronozones (12,200–8,800 cal. yr BP), the general landscape topography was represented by a flat sandy terrace of the Baltic Ice Lake, and then the Yoldia Sea and Ancylus Lake, with numerous dunes and small terrestrialised pools in inter-mound depressions. A vegetational transition from cryophilic tundra-like sparse communities to pine and birch forests occurred in the late Boreal time (9,700–8,700 cal. yr BP), with a temporal delay of 1000–2000 years. The persistence of severe environments and cryophilic vegetation may perhaps be explained by some regional patterns of climate development, the coastal location of the territory and its topographic peculiarities. Nevertheless, this question needs further study.

2. Three transgression events occurred during a period from the late Boreal to the late Atlantic chronozones (8,800–6,400 cal. yr BP). The final stage of the Ancylus trans-

gression (9,000–8,300 cal. yr BP) and the entirety of the first Littorina transgression (8,300–8,000 cal. yr BP), did not lead to a rise in the sea level above the present-day shoreline position, whereas the second Littorina transgression (7,500–7,000 cal. yr BP) led to the inundation of a vast area.

The climatic environments were presumably characterised by cooler conditions with gradually increasing mean annual temperatures. Pine forests were predominant. The first broadleaf communities, indicative of milder climatic conditions, occurred here later than in other parts of the southeastern Baltic Region by 1,000–2,000 years. The possible submergence of the territory and the regional climate development pattern are to be considered among the causes of this delay. Alder carrs started to develop whilst mires in the inter-mound kettles were represented by *Phragmites*-dominant communities.

3. The expansion of nemoral deciduous forests was recorded during the Atlantic and the early Subboreal chronozones (6,400–3,500 cal. yr BP). They were dominant on interfluve sites, while alder carrs occupied topographic depressions. During the third Littorina transgression (4,700–4,100 cal. yr BP), it is very likely that the the coastline came close to the western boundary of Koz'ye Bog.

4. The late Subboreal chronozone (3,500–2,700 cal. yr BP) saw the Post-Littorina transgression (3,700–2,400 cal. yr BP) which might have led to a brief inundation of the territory. The high groundwater table and storm surge events encouraged the widespread distribution of alder carr habitats which became characteristic of this landscape area. The formation of spruce-broadleaf forests began and large mire ecosystems accumulated substantial peat deposits which prevented their flooding with lagoon waters and enabled them to enter the stage of transition mires.

5. During the Subatlantic chronozone (2,700–250 cal. yr BP), alder carrs were still widespread, though a further expansion of mixed spruce-broadleaf forests occurred. However,

hornbeam played a more significant role in the structure of these forests than it did previously. Large mires entered the raised bog stage and merged into entire bog massifs; this indicates a high rate of *Sphagnum* peat accumulation (up to 1.6 mm/yr).

6. There were vegetational shifts and landscape transformations induced by considerable human impact in the latest Subatlantic chronozone (since the XVIII century).

7. The development of vegetation in the study area can be divided into four main stages: (1) cryophilic tundra-like vegetation in the Late Glacial and Early Holocene; (2) the dominance of pine forests at the beginning of the mid-Holocene; (3) the expansion of nemoral deciduous forests (*Quercetum mixtum*) and alder carrs in the mid-Holocene; (4) the dominance of alder carrs and spruce-broadleaf forests during the Late Holocene.

The first two stages were related to the hilly landscape of the coastal terrace, but the topography changed significantly after the transgressions of the Littorina Sea. This led to inundation of the area and erosion of the previous morainic relief. The territory became a flat coastal lowland with separate small elevations which encouraged the widespread expansion of wetland ecosystems in this area.

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