

Older and Younger Holsteinian climate oscillations **in** the palaeobotanical record of the Brus profile (SE Poland)

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A pollen sequence of Holsteinian/Mazovian age known since the 1980s in Brus (Western Polesie) is the second site with a plant macrofossil record in eastern Poland. High sedimentation rates in a palaeolake that functioned in this area have allowed a detailed climate reconstruction that enabled to trace the Older and Younger Holsteinian oscillations and to outline the water-level changes in the water body. Climate reconstructions, based on full palaeobotanical analyses (pollen and macroremains), were compared with those from Nowiny Żukowskie (Lublin Upland), revealing regional climatic patterns. The two Holsteinian climate oscillations were correlated with those detected in the Dethlingen section of Germany [\(Koutsodendris](#page-13-0) et al., 2010), providing more information on the spatial scale of these events.

Key words: pollen analysis, macrofossil remains analysis, Mazovian/Holsteinian Interglacial (MIS 11c), palaeoecological and climate reconstruction, E Poland.

INTRODUCTION

Climate reconstructions of past interglacials are made with different approaches of which palaeobotanical and palaeoecological studies are of main importance as plants are very sensitive to changing environmental conditions. The detailed knowledge of past interglacials, where no human impact was observed, is significant in the context of Holocene climate changes. It is important to distinguish natural and anthropogenic causes of temperature changes, circulation of air masses, maritime influence and other factors for the need of future scenarios of climate changes. Interglacials have been investigated to address the problem of cyclicity, global circulation models, solar forcing, and related subjects (de Beaulieu et al., 2001; Thomas, 2001; Müller et [al., 2005](#page-13-0); Brauer et [al., 2007; Tze](#page-12-0)dakis et al., 2009[; Tzedakis, 2010;](#page-14-0) Head and [Gibbard, 2015](#page-12-0) and references therein). Two of the most studied interglacials preceding the Holocene warming have received a particular interest. These are the Eemian Interglacial that is correlated with Marine Isotope Stage 5e (MIS 5e), and the Holsteinian Interglacial that is correlated with MIS 11c (Lee et al., 2004; Head and Gibbard, 2015). The stratigraphic position of the Holsteinian Interglacial (that is equivalent to the Hoxnian Interglacial in the British Isles,

and the Mazovian Interglacial in Poland) has been much debated in the literature (among others Reille et [al., 2000;](#page-13-0) de Beaulieu et al., 2001; Desprat et al., 2005; Nitychoruk et al., 2005, 2006; Ashton et al., 2008). However, in the latest investigations the Holsteinian is correlated with Marine Isotope Stage 11c (MIS 11c) (Koutsodendris et al., 2010; Head and Gibbard, 2015 and references therein).

Recently, much attention has been paid to the Holsteinian Interglacial because it represents a long-lasting warm period with one distinct intra-interglacial cooling called, after Koutsodendris et al. (2010), Older Holsteinian Oscillation (OHO), and one, less expressed, called Younger Holsteinian Oscillation (YHO). A high-resolution pollen record from Dethlingen (northern Germany) has proved to be very useful for estimation of the duration of both the events due to varved sedimentation. The Holsteinian has recently been under detailed study, as MIS 11c is considered to be one of the closest climate analogue for the Holocene (Ruddiman, 2005; Tzedakis, 2010; Koutsodendris et al., 2011, 2012, 2013).

The Holsteinian Interglacial has been investigated in many palaeobotanical studies. Rich Holsteinian fossil records are known from the lowlands of eastern Poland (Krupiński, 2000; Żarski et [al., 2005\).](#page-14-0) About 40 of them have been studied palynologically revealing vegetation dynamics and climate changes (e.g., [Brem, 1953;](#page-12-0) [Sobolewska, 1977;](#page-13-0) Bińka and Nitychoruk, [1995,](https://gq.pgi.gov.pl/article/view/8433/pdf_512) [1996;](https://gq.pgi.gov.pl/article/view/8246/pdf_338) Krupiński, 2000; Pidek, 2003; Hrynowiecka--Czmielewska, 2010; Pidek et al., 2011; Hrynowiecka and Winter, 2016). One of them is Brus in Western Polesie [\(Fig. 1\),](#page-1-0) known since 1980 (Buraczyñski and Wojtanowicz, 1982). The pollen and diatom analysis enabled the reconstruction of vege-

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Fig. 1. Location of the Brus and Nowiny Żukowskie sites

tation history and outlined the palaeoclimate changes as well as the evolution of the palaeolake with a high sedimentation rate (Pidek, 2003; Khursevich et al., 2003). A distinct intra-interglacial cooling event is expressed in the Brus pollen diagram by a decrease of *Taxus* and a simultaneous increase of *Pinus* pollen percentages. It remains unclear whether this event was caused by climate cooling or dryness, or a combination of both. The same features have been found in the Nowiny Zukowskie profile. Authors compared events from Brus and Nowiny Żukowskie to the OHO event from Dethlingen (Koutsodendris et al., 2012). Nowiny $\overline{2}$ ukowskie (Fig. 1) is the first long Holsteinian profile in the Lublin Upland (E Poland) with a complete palaeobotanical record (pollen and macrofossil remains; Hrynowiecka-Czmielewska, 2010). The Brus and Nowiny Żukowskie profiles are situated ~80 km apart in eastern Poland.

No plant macrofossils have been analysed so far in the Brus profile to find any confirmation of this climate oscillation and rush plant communities in the lake.

The Younger Holsteinian Oscillation is less clear and occurs in the younger part of the interglacial optimum. It is marked by a rapid decline of *Carpinus* pollen followed by a distinct rise of *Abies* percentages.

The correlation of both the OHO and YHO events from [Dethlingen \(Koutsodendris et al., 2012, 2013\) with](#page-13-0) pollen and macrofossil data from Nowiny Żukowskie allowed for alignment of warming and cooling trends within the Holsteinian Interglacial, as preliminarily determined in the Nowiny Żukowskie palaeobotanical record, using the climate indicator method (Hrynowiecka and Winter, 2016).

Both oscillations are observable in the pollen diagram from Brus. Because of the high sedimentation rates, the pollen diagram of Brus has a higher resolution than Nowiny Żukowskie, providing more details on the nature of these oscillations in eastern Poland. This fact encouraged the authors to conduct macrofossil analysis of the Brus fossil lacustrine deposits so that it was able to support the record of climate oscillations in more detail by both palaeobotanical methods and subsequently compare it to Nowiny Żukowskie. The aim of the study is to trace similarities and differences between both pollen and macrofossil data from Brus and Nowiny Žukowskie in E Poland. Special attention is paid to the OHO and YHO and their comparison with the Dethlingen pollen diagram in northern Germany in terms of tracing the west-east continentality climatic gradient. The study also tries to solve the problem how the plant macroremains data support or reject the existence of the OHO and YHO climate events in the Brus profile.

MATERIAL AND METHODS

POLLEN ANALYSIS

The profile of lacustrine and peat deposits from Brus is 21 m long (3.80-24.70 m b.g.l.). Palynological analysis was carried out on 106 samples, 18 of which come from the peat. The methods of laboratory treatment of pollen samples were described in Pidek (2003).

The palynological results are presented as a percentage pollen diagra[m \(Fig. 2\) tha](#page-2-0)t was prepared using the *POLPAL* software (Nalepka and Walanus, 2003). Pollen succession from Brus was divided into 12 local pollen assemblage zones (L PAZs) numbered from the bottom upwards in the organogenic sequence (Pidek, 2003).

PLANT MACROFOSSILS ANALYSIS

The methodology was described in detail [by Hrynowiecka](#page-12-0) [and Szymczyk \(2011\) and](#page-12-0) [Stachowicz-Rybka \(2011\). T](#page-13-0)he macroremains diagram was drawn using the POLPAL software (Nalepka and Walanus, 2003).

A hundred and ten samples were analysed, which were collected from the same depths as the palynological ones. Sixty-six taxa were determined, including 14 trees and shrubs (9 determined to the level of species, section -2 , family -2 , and genus $-$ 1), 13 terrestrial plants (all determined to the species level), 15 rush plants (13 to the species level and 2 to the type level) and 16 aquatic plants (12 – to the species, 1 – to the family, and 3 – to the genus), and 8 others representing fungi, bryozoans, Cladocerans, leaves, fishes, shells of mollusc and fragments of insects.

The counts were valorized to avoid too much extension of the diagram (for graphic explanations se[e Fig. 3\)](#page-3-0). Determinations were made i.a. by the use of atlases of plant remains [\(Velich kevich and Zastawniak, 2006, 2008\)](#page-14-0).

The plant macrofossil succession was divided into 11 macrofossil as semblage zones (Fig. 3). The names of L MAZ were created in such a way that the names of aquatic plants and rushes were given in the first place and the name of terrestrial plants in brackets.

Details about the content of macroremains in each zone are described in Table 1.

Fig. 2. Simplified pollen diagram from Brus

Teloc. – telocratic phase

RESULTS AND INTERPRETATION OF PALAEOBOTANICAL INVESTIGATIONS

The vegetation history derived from both plant micro- and macroremains is described in chronological order starting from the pollen spectra representing the Late Gacial of the Sanian 2 E Elsterian Glaciation = MIS 12) through the whole Mazovian/Holsteinian Interglacial succession, to the Early Glacial of the Liwiecian (=Saalian Glaciation = MIS 10). Within the interglacial, a traditional subdivision is used (protocratic, mesocratic, telocratic periods). The OHO and YHO were separately distinguished within the mesocratic period.

Vegetation history recorded in this organogenic sequence starts with open communities of the Late Glacial preceding the interglacial warming, and is reflected in the Br-1 NAP-Juni*perus-Betula* L PAZ (Fig. 2). Vast areas were covered by steppe-like communities especially in drier habitats. Grasslands with juniper developed on dry poor soils. Extensive areas were covered by various tundra communities, as evidenced by considerable values of Cyperaceae pollen and relatively high frequencies of *Betula nana* t. and *Salix* pollen.

Tree birches were probably scattered or formed small patches with admixture of larch and pine. The very high values of redeposited pre-Quaternary sporomorphs indicate intense soil erosion processes that occurred due to a low plant cover. The terrestrial record agrees with that based on plant macrofossil[s \(BR MAZ 1\).](#page-4-0) The zone bears only sporadic fossils of plants (Table 1). The reservoir in Brus started functioning at the end of the Sanian 2 (= Elsterian Glaciation), as a mesotrophic and shallow lake, as evidenced by the presence of *Nuphar*, probably surrounded by peat bogs (Sphagnum leaves) and rushes with *Carex* sp. Sclerotia of *Cenococcum geophillum* confirm the unstable soil cover. The catchment

c – capsules, en – endocarps, ep. – ephippium of *Daphnia*, f – fruit, fsc – fruit scale, f&p – fruit and perianth, mgs – megaspores, o – oospore, s – seeds, sc – sclerotia, ws – wing of seed, spor. – sporangium, stat. – statoblasts of Bryozoa, s&l – stem and leaves of *Sphagnum*, t – tegmen

area was probably poorly covered with vegetation (Stachowicz-Rybka, 2011).

Macroscopic remains of Sphagnum can be considered remnants of the initial peat (Tobolski, 2000). Colonies of *Pedia*strum kawraiskyi indicate low trophy of the lake at that time (Jankovská and Komárek, 2000).

MAZOVIAN INTERGLACIAL

PROTOCRATIC PHASE

Br-2 Betula L PAZ. Pioneer birch forest occupied open areas. Alder and ash started to grow on wet habitats. Grass communities with abundant juniper and patches of shrub tundra still persisted in many places. The older part of the Br-2 L PAZ correlates with the BR MAZ 2 *Chara*–(*Betula nana*–*Betula* s. *Albae*). *Betula nana* and *B. humilis* fruits indicate that the climate was cool (Table 2). In the surroundings of the palaeolake, communities with *Betula* s. *Albae* and *Pinus sylvestris* spread. The edges were covered by a reed belt with *Phragmites australis*. The reservoir was probably still shallow, which facilitated heating of the water, allowing occurrence of bryozoans *Cristatella mucedo* that, prefer warm lakes with a water temperature $~11-16^{\circ}$ C (Økland and Økland, 2000). Moreover, they live in relatively clear water with at least an average content of $CaCO₃$ [\(Bennike et al., 1994\)](#page-12-0) and pH > 5.4 (Økland and Ø[kland, 2000](#page-13-0)). Such water parameters are confirmed by the occurrence of Chara (Table 2), that is also an indicator of high $CaCO₃$ content and higher pH. The initial

Ta ble 1

Description of local macrofossil assemblage zones from the Brus profile (L MAZ)

bogs developed (*Sphagnum* leaves). Numerous were sclerotia of *Cenococcum geophilum* – an ectomycorrhizal fungus, which is common also nowadays and proves intense solifluction processes (Krauss et al., 1965; Fernandez et al., 2013).

In the older part of the zone, diatoms appear. At the beginning of the Mazovian/Holsteinian Interglacial, the water level was still low, which facilitated the heating of water and the development of numerous diatom species (their number increased from 72 to 187; Khursevich et al., 2003). Epiphytic cold-water species initially dominated, like *Fragilaria lapponica*. Then, many ecological groups of diatoms developed, but mostly preferring cold waters. Among them, the most numerous were plank tonic spe cies, e.g. *Cyclotella krammeri* and *C. schumannii* that point to a water-level rise (Table 2). This is confirmed by numerous oospores of *Chara* in this part of the profile, which in turn indicate the oligo- to mesotrophy of water conditions [\(Fig. 3; B](#page-3-0)R MAZ 2).

Br-3 Betula-Pinus-Larix L PAZ. The increasing proportion of pine in forests at that time is reflected by high values of *Pinus sylvestris t. pollen. These birch-pine forests were of bo*real type. Larch was a relatively common component of the forests. Grass communities with abundant juniper shrubs and patches of tundra communities with *Betula nana* and willow shrubs still persisted in the land scape. The proportion of spruce in the forests increased. Alder woods developed on wetter places probably with ash admixture. Ash and elm were also present in wet deciduous forests. The herbaceous vegetation of these communities is reflected by the pollen of, among others, *Urtica* and *Filipendula*, and the creeper *Humulus lupulus*.

The younger part of Br-2 L PAZ and the older part of Br-3 L PAZ correspond with BR MAZ 3 Typha-*Phragmites austra lis*–(*Betula* s. *Albae*). The catch ment of the lake was still cov ered with tree-birches and pine forest. *Typha* occurred in the reed belt, which indicates an average July temperature not lower than 13°C in the case of *T. latifolia* (Isarin and Bohncke, 1999) and 14°C in the case of *T. angustifolia* (Iversen, 1954; Kolstrup, 1979, 1980). It probably formed a belt of rushes with *Phragmites australis.* At the same time, *Betula nana* and *B*. *humilis* persisted on the peat bogs surrounding the lake, which, in combination with the occurrence of *Sphagnum* leaves, indicates the formation of bogs. *Cristatella mucedo* still occurred in significant quantities, which, in the absence of other indicators, suggests relatively constant parameters in the lake (temperature, content of $CaCO₃$, and pH). The end of this zone and the older part of the BR MAZ 4 was probably marked by a water-level rise in the reservoir.

In the younger part of the protacratic period the reservoir con tinued to shallow, and a wide belt of rushes with *Phragmites* australis and *Typha latifolia* [\(Fig. 3; B](#page-3-0)R MAZ 3) allowed for inten sified devel opment of epiphytic diatom species, like *Fragilaria* construens and *F. brevistriata*. However, planktonic spe cies, like *C. schumannii*, also continued to occur numerously in the lake. In connection with the shallowing, the trophic levels may have grown. Then, a sudden decrease in the amount of diatoms in the younger part of the BR 3 diatom zone (Table 2) indicates unfavourable conditions for their development in the lake – a decrease in water level [\(Khursevich et al., 2003\).](#page-13-0)

Br-4 *Pinus***–***Alnus***–***Picea***–/***Fraxinus***/ L PAZ**. In creas ing values of *Picea* pollen indicate that the importance of this tree in the forests became greater. Quercus may have entered not only riverine communities of ash and elm, but also appeared on more fertile habitats in the pine forests. *Corylus* probably occurred in the margins of these forests. In the expanding alder forests, ash and spruce may have occurred as an admixture. Ash-elm riverine forests spread in new areas, as is evidenced by the rising pollen values of *Fraxinus* (max. 2.2%), and by the continuous curve of *Ulmus*. Celtis appeared as well. Taking into account that both *Ulmus* and *Fraxinus* are the low pollen productivity tree[s \(Pidek, 2013\), such](#page-13-0) a proportion of their pollen points to a great role of ash-elm riverine communities.

Relatively high pollen frequencies of *Salix* and *Juniperus*, and the sporadic occurrence of *Betula nana* t. pollen grains indicate that diverse open communities still existed. However, their role in the land scape was less important.

The younger part of Br-3 L PAZ and Br-4 L PAZ corresponds to BR MAZ 4 (*Betula s. Albae*–Pinaceae). Among the communities growing on the lake shores, birch and pine forests dominated the catchment. In the older part of the zone the water level was drastically reduced, as indicated by the disappearance of rushes and Sphagnum, and by a marked reduction in the occurrence of *Cristacella mucedo*, which further suggests changes of water conditions and an average July temperature >10°C [\(Birks, 2000](#page-12-0); Eide et al., 2006). In the younger part of the zone, the conditions probably stabilized due to a water-level increase. The amounts of *C. mucedo* statoblasts increased and *Chara* appeared again. The truncheons (*Typha latifolia*) and reed rushes disappeared, which confirms a higher water level. The palaeobasin was very shallow. The littoral silty zone allowed for the development of swampy vegetation with *Eleocharis palustris* and *Carex bohemica* [\(Stachowicz-Rybka, 2011\).](#page-13-0)

The final phase of the protocratic period, correlated with BR 4 L PAZ, was characterized by the numerous and variable occur-

Ta ble 2

Summary of L PA[Z \(Pidek, 2003\), L DAZ \(Khursevich et al., 2003\) and](#page-13-0) L MAZ showing water level, **tro phy and pH changes at the Brus site**

Summary of Mazovian/Holsteinian Interglacial temperature (the lowest mean and highest mean of January and July), annual sum of precipitation, and climatic conclusions in comparison to the L PAZ and L MAZ from the Brus site are also given. Sum of precipitation: High – >1000 mm, Low – <500 mm. Explanations to symbols: ↑ – increase, ↓ – decrease. Oligo – Oligotrophic, Meso – Mesotrophic, Eu – Eutrophic, Dys – Dystrophic; L PAZ – Local Pollen Assemblage Zones, L DAZ – Local Diatom Assemblage Zones, L MAZ – Local Macroremains Assemblage Zones

rence of diatoms (mainly from the genera *Cyclotella*, *Fragilaria* and *Amphora*) and *Pediastrum* that indicate meso- to eutrophic conditions, but also unstable water conditions (Khursevich et al., 2003; Table 2). On the other hand, the development of *Alnus* upon wet habitats at that time might have changed the groundwater level and trophic conditions, which supports the notion for instable water conditions as inferred by the diatoms. The maximum number of diatoms (at depths of 20.5 m and 19.5–19.9 m) seems to correspond with two distinct maxima of alder in the pollen diagra[m \(Khursevich et al., 2003;](#page-13-0) Fig. 2).

MESOCRATIC PHASE

Br-5 *Alnus***–***Picea***–***Pinus* **L PAZ**. The mesocratic phase of the interglacial is marked by a distinct transformation of forest communities reflected in the Br-5 and Br-6 L PAZs. Boreal pine-birch forests transformed into mixed forests, in which birch almost disappeared, the proportion of pine decreased, and spruce became dominant. *Quercus* probably occurred as an admixture in these communities. Alder forests, ash-elm and alder-ash riverine forests occupied more and more extensive areas throughout this zone. The composition of the riverine communities became even richer in the younger part of the zone, with lime playing an important role.

Br-6 *Taxus***–***Alnus***–***Picea* **L PAZ**. Rapid rise of *Taxus* pol len values provides evidence of the dominant role of yew in forest communities. From wet alder forests, yew could have expanded to other forest communities. Dry-ground communities with *Carpinus*, *Quercus* and *Corylus* started to develop. The tree layer was probably composed of hornbeam and oak with an admixture of lime, spruce and single fir trees. Hazel spread in margins and clearings of fertile dry-ground forests.

The Br-5 and Br-6 L PAZs correspond to BR MAZ 5 (Pinaceae–*Alnus glutinosa*). In the older part of the zone, the reservoir was characterized mostly by meso- to eutrophic conditions, as inferred by the presence of *Najas flexilis* that optimally occurs in mesotrophic waters. Numerous statoblasts of *Cristatella mucedo* indicate a constant CaCO₃ content and pH >5.4 (Økland and Økland, 2000). In the younger part of the zone, the trophic state increased, as evidenced by the appearance of *Najas marina* and *Nuphar*, and thermophilic *Najas mi*nor that optimally occurs in strongly eutrophic waters (Thiébaut, 2008; Stachowicz-Rybka, 2011). However, the reservoir should be classified as meso/eutrophic. Simultaneously, the decrease in water pH should eliminate *C. mucedo*. The reason for the decrease in pH was a mosaic of bogs, including the ones with Scheuchzeria palustris. The decrease in pH can also be caused by the neighbourhood of alder bog with *Alnus glutinosa*, *Urtica dioica* and *Viola palustris* and patches of transitional mires. In a shallow littoral zone, rushes with *Typha* sp. and sedge communities with *Carex rostrata* and *C. gracilis* appeared. Rumex acetosella and Potentilla alba indicate the vicinity of dry, open communities (Stachowicz-Rybka, 2011).

At the beginning of the mesocratic period the water of the lake was warm and eutrophic, which is confirmed by diatom spe cies, like *Aulacoseira granulata*, *A. ambigua* and *Stephano discus niagarae* var. *insuetus* (Khursevich et al., 2003). However, diversity of diatom species was greater. Planktonic species, like *Cyclotella krammeri*, *C. cyclopuncta* and ex tinct *C. comta var. lichvinensis* (the indicator of the Mazovian/Holsteinian Interglacial; Khursevich et al., 2003) were numerous and confirm the rise in water level (Table 2). Eutrophisation and high water temperature is also suggested by the abundant pres ence of Chlorophyta, such as *Pediastrum boryanum* var. *boryanum*, *P. boryanum* var. *cornutum*, *P. boryanum* var. *pseudoglabrum* and *P. du plex* var. *rugulosum* (Pidek, 2003).

OLDER HOLSTEINIAN OSCILLATION (OHO) WITHIN THE MSOCRATIC PHASE

Br-7 *Pinus***–***Carpinus***–***Abies***–/***Picea***/ L PAZ**. A sud den decrease in *Taxus* pollen values followed by a considerable rise in *Pinus sylvestris* t. values (up to 42%), and a fall in the percentages of *Picea*, *Alnus*, *Fraxinus* and *Ulmus* indicate a considerable reduction of yew stands and areas covered by wet forests. This was probably caused by a climate change towards much more continental and perhaps also colder conditions during the OHO. The onset of this oscillation is marked by a reduction in temperate trees and expansion of pine. According to the varve chronology of the Dethlingen core (Koutsodendris et al., 2011, 2012) this period lasted $~100$ years.

Subsequently, pollen values of *Quercus* increased simultaneously with the *Carpinus* and *Corylus* values, providing evidence of the development of mixed pine-oak forests and the expansion of fertile dry-ground hornbeam-oak forests with hazel. These communities may be correlated with the recovery phase in the second part of the OHO, which lasted $~130$ years in Dethlingen [\(Koutsodendris et al., 2011, 2012\).](#page-13-0) Lime, spruce and fir might have occurred as an admixture in these communities.

A dynamic expansion of *Abies* started in the younger part of the Br-7 L PAZ, in which its pollen values reached 19–20%. At that time, *Abies* could have formed fir forests probably with a spruce admixture. The very rapid increase in *Abies* percentages may be the result of increased humidity of air and soil [\(Tinner and Lotter, 2006](#page-14-0); [Pidek et al., 2013\).](#page-13-0)

The cold Older Holsteinian Oscillation in the Brus palaeolake was marked by the development of aquatic flora and rush vegetation and abundant growth of hydrophytes with floating leaves, like the water fern Salvinia natans, which covered the lake surface [\(Pidek, 2003\). This](#page-13-0) enhanced eutrophication, which is also confirmed by the dominance of *Najas minor* and *Najas marina*, and the disappearance of mesotrophic *Najas* flexilis [\(Fig. 3;](#page-3-0) BR MAZ 6). The increased number of epiphytic diatoms (various taxa of *Fragilaria*, *Cymbella ehrenbergii* and *Martyana martyi*) at the expense of the planktonic ones, indi-cate a lowering of the water level ([Khursevich et al., 2003;](#page-13-0) Table [2\).](#page-6-0) Abundant occurrence of *Pediastrum simplex var. simplex* also confirms the eutrophic conditions in the lake. The younger part of the zone is marked by the first occurrence of nympheids (Pidek, 2003), confirming the low water level and taking away light for diatoms, the amount of which decreased considerably in the following zone.

Br-8 *Abies***–***Carpinus***–***Alnus* **L PAZ**. The role of fir was im portant in the mixed forests at the beginning of the zone, but later Carpinus took over. Dry-ground oak-hornbeam forests with lime spread over vast areas, while the spatial extent of fir forests was reduced. New rise in the values of *Alnus*, and the slight increase in *Taxus* percentages probably provide evidence of repeated expansion of alder and yew.

The pollen data are in agreement with the macrofossil record of BR MAZ 6 *Najas ma rina*–*N. mi nor*–*Ranunculus scele ratus*–(Pinaceae–*A. glutinosa*). The eutrophic state of the lake is indicated by the dominance of *Najas minor* and *Najas marina* [\(Thiébaut, 2008\) and](#page-14-0) the disappearance of mesotrophic *Najas flexilis*. *Najas marina* requires an average water temperature in July higher than 15°[C \(Lotter, 1988\)](#page-13-0). The belt of rushes remained in the vestigial form with *C. rostrata*. It is also possible that peat bogs may have disappeared (disappearance of remains). The re mains of *Alnus glutinosa*, *Urtica dioica* and *Ranunculus sceleratus* indicate a water-level rise and the presence of uncovered, periodically flooded shores, typical for alder carrs.

Br-9 *Abies***–***Corylus***–***Quercus***–/***Carpinus***/ L PAZ**. Fir forests occupied again more extensive areas (*Abies* pollen up to 30%). These were probably fir forests with spruce and only a small admixture of other trees. The values of *Carpinus* decreased considerably, after which *Abies* communities spread again over different habitats. This spread covers the climate optimum associated with the highest temperatures and maritime climate. Pollen values of *Corylus* and *Quercus* reached their absolute maxima indicating the spreading of dry-ground forests, in which oak was predominant, and hornbeam with lime accounted for a small admixture. A repeated spread of ash-elm riverine forests is manifested by the rising pollen values of *Fraxinus*, *Ulmus* and *Taxus*.

The climate optimum was also marked by a slight increase in water level, as inferred by the increase of planktonic diatoms, like *Aulacoseira ambigua* and *A. granulata*. Both these taxa, as well as several benthonic (e.g., Navicula oblonga, Amphora *libyca* and *Anomoeoneis sphaerophora*) and epiphytic diatoms, like Cymbella ehrenbergii and Epithemia zebra, indicate warm waters (Table 2; [Khursevich et al., 2003\).](#page-13-0)

BR MAZ 7 *Carex rostrata*–*Typha*–*Schoenoplectus lacu stris*–*Cype rus fuscus*–*Nuphar*–*Najas ma rina*–(*A. glutino sa*–*Urti ca dioica*) – older part. The development of alder carr is evidenced by frequent appearances of fruits of *Alnus glutinosa*, *Salix* and *Urtica dioica*, and sporangia of *Thelypteris palustris*. It was probably a community similar to the modern *Carici elon*gatae–Alnetum s.l. (Matuszkiewicz, 2001). Periodic lowering of the water levels uncovered the edges of the lake, where *Ranunculus sceleratus* and extinct *R. gailensis* were growing; these taxa are characteristic of swampy and periodically flooded shores of highly eutrophic reservoirs (Stachowicz-Rybka, 2011). The expansion of *C. rostrata* and *Schoenoplectus lacustris*, with a frequent occurrence of *Typha*, suggests a strong decrease in water level, which is also confirmed by a significant representation of *Nympheids*. They were accompanied by tolerant shallow water taxa, such as *Lemna trisulca*, *Azolla filiculoides* and *Salvinia natans*, characteristic for shallow and warm reservoirs of the Middle Pleistocene (Mamakowa and Velichkevich, 1993; Stachowicz-Rybka, 2011). The reservoir was eutrophic/mesotrophic, as indicated by the strong representation of *Najas marina* seeds [\(Thiébaut, 2008\). In](#page-14-0) the final stage of this zone, the pH was probably lower (dystrophisation), as suggested by the appearance of, i.a., *Comarum palustre*. The complete disappearance of *Cristatella mucedo* might suggest a decrease in pH at that time, too. Alternatively, the decrease of the latter species can be attributed to the spreading of *Nympheids*, which reduced the amount of light in the water column.

Br-10 *Abies***–***Alnus***–***Carpinus***–/***Filicales***/ L PAZ**. The maximum of *Abies* pollen values (43%) indicates the spreading of fir on diverse habitats, and the very high percentages of Alnus (up to 44%) demonstrate that fir and alder communities predominated in this zone. These suggest a higher groundwater level.

The degradation of both riverine and dry-ground forests, and probably alder carr forests, is observable in the middle of the zone. It is evidenced by the continuous fall in the pollen values of *Corylus*, the tem po ral de crease in *Carpinus*, *Quercus*, Alnus and *Ulmus* percentages, the simultaneous increase in *Pinus sylvestris* t. and *Taxus* frequencies, and the continuous rise in *Abies* values. This zone may reflect changes influenced by the Younger Holsteinian Oscillation [\(Koutsodendris et al.,](#page-13-0) 2013; Fig. 4).

T[he very high](#page-9-0) percentages of Filicales monolete spores throughout Br-10 L PAZ, particularly in its middle part (YHO), could be due to the alder community occurring near the lake. However, it is also very probable that a high proportion of ferns occurred in the fir forest. The rise in the pollen values of *Pinus* sylvestris t. and Picea in the youngest part of the zone resulted probably from the increased proportions of pine and spruce in fir forest communities due to soil impoverishment and acidification, which could have eliminated some *Abies* at that time.

Multi-species dry-ground forests with predominant *Quercus* still survived, and the role of *Carpinus* slightly increased. Pollen of Pterocarya, which typically occurs in the last part of the Holsteinian climate optimum, can be related to the survived patches of elm-ash riverine forests. Pollen of *Pterocarya* was found also in the Dethlingen profile in Germany (Koutsodendris et al., 2010) and in many sites of the Mazovian Interglacial deposits in Poland, e.g. in Olszewice (Sobolewska, 1956), Gościęcin (Środoń, 1957), Włodawa (Stachurska, 1957), Ossówka and Grabanów (Krupiñski, 1995).

Rapid rise in the pollen values of Cyperaceae from the beginning of the zone can be related to herbaceous vegetation of alder carrs and mires overgrowing the lake. The Br-10 L PAZ corresponds to three macrofossil zones (BR MAZ 7 – younger part, BR 8 and BR 9).

BR MAZ 7 *Carex rostrata*–*Typha*–*Schoenoplectus lacu stris*–*Cyperus fuscus*–*Nuphar*–*Najas ma rina*–(*A. gluti no sa*–*Ur ti ca dioica*) – younger part. A decrease in pH is confirmed by the appearance of *Cladium mariscus* in the younger part of the zone. This species occurs today most frequently in mesotrophic and shallow reservoirs and less frequently in oligo- and dystrophic ones (Piękoś-Mirkowa and Mirek, 2006). In the final phase of the zone, *Lemna trisulca* appeared frequently, which tolerates shal-low-water and mesotrophic conditions [\(Thiébaut, 2008\).](#page-14-0) There was also Azolla filiculoides, which is characteristic for shallow and warm reservoirs of the Middle Pleistocene (Mamakowa and Velichkevich, 1993; Stachowicz-Rybka, 2011). The frequent occurrence of *Cyperus fuscus* may indicate the existence of periodically drying places.

Several diatom genera (e.g., *Fragilaria*, *Anomoeoneis*, *Navicula*, *Neidum*, *Amphora*, *Rhopalodia* and *Nitzschia*) provide evidence for overgrowing and shallowing of the lake (Khursevich et al., 2003). The increasing number of epiphytic diatoms indicates growth of the macrophyte zone and confirms the shallowing of the lake. In the final stage of the zone, a drop in pH (dystrophisation) could have happened as suggested by the appearance of, i.a., *Comarum palustre*, disappearance of *Cristatella mucedo* [\(Fig. 3; B](#page-3-0)R MAZ 7), and the decrease in both diatoms and Pediastrum.

The following macrofossil zone BR MAZ 8 Typha sp.-S. *lacustris–(A. glutinosa)* correlates with the middle part of the Br-10 L PAZ and reflects the existence of a mesotrophic/eutrophic lake surrounded by an alder carr (fruits of *Alnus glutinosa*, nitrophilous *Urtica dioica* and *Thelypteris palustris*) with very shallow and eutrophic waters [\(Thiébaut, 2008\).](#page-14-0) This is confirmed by the presence of *Lemna trisulca* and the dominance of rushes with *Typha*, *Carex rostrata* and *Schoenople* ctus lacustris. The disappearance of the majority of rush and aquatic plants may indicate a climatic changes related to the YHO. The disappearance of diatoms and green algae at that time was evidently associated with the final stage of shallowing of the lake.

BR MAZ 9 (A. glutinosa-U. dioica). Subsequently, as the water level continued to decrease, wetlands may have been the only habitats that remained. The alder carr hosted nitrophilous species, e.g. Sambucus and *Rubus*. The end of the interglacial's mesocratic phase was characterized by the almost com-plete disappearance of aquatic and swamp plants ([Fig. 3;](#page-3-0) BR MAZ 9).

TELOCRATIC PHASE

Br-11 Pinus-Larix L PAZ. Strong transformation of the forests occurred in the last part of the interglacial. Pine communities with larch and birch spread and probably encroached on the habitats of all other forest communities. Alder carrs, fir communities, and patches of multi-species mixed forests still resisted the expansion of pine. In the younger part of the zone, pine forests with birch and larch occupied almost all habitats. These changes provide evidence for a considerably cooler and more continental climate.

The considerable increase in the NAP values (up to 31%) in the younger part of the zone indicates that the role of open communities became important. The rise in the spore percentages of Sphagnum indicates that peatbogs spread, too.

The Br-11 L PAZ corresponds to BR MAZ 10 Ty*pha* sp.–(*Be tu la nana*–*B. humilis*–*B*. s. *Albae*), which re flects a slight water-level rise, although the reservoir remained shallow. *Nympheids, Batrachium* and significant amounts of *P. borya*num var. boryanum appeared again (Khursevich et al., 2003).

Fig. 4. Com bined per cent ages of se lected groups of taxa: "Pi o neer trees", in clud ing *Pinus* **and** *Betula***; "Tem per ate taxa", in clud** ing: Abies, Acer, Carpinus, Corylus, Fraxinus, Picea, Quercus, Taxus, Tilia and Ulmus; "Thermophilic taxa", including: Buxus, *Celtis, Frangula, Hedera, Ilex, Ligustrum, Pterocarya, Viburnym, Viscum* **and** *Vitis***; AP – Ar bo real Pol len, NAP – Non-Ar bo real Pol len**

Ta ble 3

Water-level changes correlation based on macrofossil data from the sites of Brus (BR L MAZ, Polesie Region – this paper) **and Nowiny ¯ukowskie (N¯05 L MAZ, Lublin U[p land, Hrynowiecka and Szymczyk, 2011; Hrynowiecka and Obidowicz, 2011\)](#page-12-0)**

The belt of rushes was formed mainly by *Typha* and *C. rostrata*, but none was as important as in the previous zones. Alder carr still overgrew the edges of the reservoir, however, *Betula* communities also played an important role in this habitat. The occurrence of patches of peat bogs is confirmed by fruits and fruit scales of *Betula nana* and *B. humilis*. The lake was mesotrophic at that time as indicated by the presence of *Myriophyllum verticillatum* (Thiébaut, 2008), *Cladium mariscus*, and *Pota mogeton filiformis*. The water was cool and highly transparent, rich in CaCO₃, with pH >7 (presence of *P. filiformis*, Lang, 1994). Relatively numerous scleroids of *Cenococcum geophillum* indicate the onset of climate deterioration (Fernandez et al., 2013).

EARLY LIWIECIAN (=SAALIAN) GLACIATION

Br-12 NAP–*Betula nana***–Salix–/***Juniperus***/ L PAZ**. A de crease in the frequencies of all trees and the simultaneous rise in the percentages of Artemisia and Poaceae (both to a maximum >20%) as well as Cyperaceae (max. 50%) indicate that forests were replaced by open communities. Single pine trees could have entered into the composition of birch-larch patches, but it seems that at least part of *Pinus sylvestris* t. pollen grains in open land scape may have been derived from distant areas. In open land scapes, bisaccate pollen grains of pine can be easily transported over tens or more kilometres (Rousseau et al., 2008). The occurrence of redeposited sporomorphs indicates lack of forest cover, which enhanced soil erosion. The Br-12 L PAZ corresponds to BR MAZ 11 *Callitriche autumnalis*–*Chara*. In this zone, the water level continued to rise allowing for the development of communities with *Chara* and *Cristacella*. In contrast, however, the presence of *Callitriche* autumnalis and *Batrachium indicate* still relatively shallow waters. The belt of rushes was in regression at that time and covered mainly by *Typha* and communities with *Carex rostrata*. Peat bogs developed again, as indicated by numerous stems and leaves of *Sphagnum*. Numerous ephippia of *Daphnia* indicate deterioration of climatic conditions, which forced representatives of Cladocerans to produce survival forms. The waters of palaeolake cooled down, as evidenced by a significant amount of *Pediastrum kawraiskyi* and *Botryococcus pila* (Pidek, 2003), which are indicators of cold and oligotrophic lake waters (Jankovská and Komárek, 2000).

DISCUSSION

The Holsteinian Interglacial is considered the longest and warmest Pleistocene terrestrial interglacial in central Europe [\(Müller, 1974; Krupiñski, 2000; Raynaud, 2005; Kühl and Litt,](#page-13-0) 2007; Head and Gibbard, 2015 and references therein). It lasted 15–18 ky in the terrestrial domain (Müller, 1974; Kühl and Litt, 2007; Koutsodendris et al., 2010) or even 25–30 ky in the marine domain (Head and Gibbard, 2016 and references therein). The Holsteinian is characterized by a unique pattern of vegetation succession in central Europe, starting from boreal birch and pine forests, followed by spruce and alder expansion with ad mixture of ash and elm. The pattern of climate amelioration in the Polesie region, based on investigations of the Brus record, is similar to the pattern reconstructed for the Holsteinian based on Nowiny Żukowskie (Hrynowiecka-Czmielewska, 2010; Hrynowiecka and Winter, 2016) and other pollen data from Ossówka, Biała Podlaska, Woskrzenice (e.g., Krupiński, [1984–1985, 1995; Krupiñski and Lindner, 1991;](#page-13-0) [Biñka and](https://gq.pgi.gov.pl/article/view/8433/pdf_512) [Nitychoruk, 1995,](https://gq.pgi.gov.pl/article/view/8433/pdf_512) [1996\) a](https://gq.pgi.gov.pl/article/view/8246/pdf_338)nd Wilczyn (Bińka et al., 1997; Szymanek, 2013). This pattern agrees also with that obtained from German profiles (e.g., [Eissmann, 2002; Diehl and Sirocko,](#page-12-0) 2007; [Koutsodendris et al., 2010\)](#page-13-0). The beginning of the Holsteinian Interglacial is recorded in the tree succession of boreal elements indicating high seasonality $(Table 2)$. However, the presence of *Typha latifolia* in the lake suggests that the July tem perature at the very beginning of the interglacial was not lower than 14°C. The presence of macrofossils of Typha *latifolia* seems to support the opinion [of Szafer \(1953\) th](#page-13-0)at the re sponse of aquatic plants to the climatic warming during the protocratic period is faster than the reaction of terrestrial plants, and especially trees. Both the Brus and Nowiny Żukowskie fossil lakes started their existence as oligotrophic, shallow postglacial lakes (Table 3).

The subsequent stage of vegetation development is marked by the rapid spread of yew communities. It is especially important for palaeoclimate considerations, as the eastern boundary of the modern extent of *Taxus baccata* is in line with the limit of maritime climate influence (West, 1962; Srodoń, 1975). The water level increased considerably in both the fossil lakes (Table 3). The subsequent dramatic fall in *Taxus* pol-len percentages in the pollen diagram [\(Fig. 2\) sug](#page-2-0)gests partic-ularly low winter temperatures [\(Geyh and Müller, 2005, 2007\)](#page-12-0) and is followed by the sudden regression of thermophilous trees accompanied by the decrease in spruce and alder, and the distinct spread of pine. The increase in *Pinus* percentages is very distinct in the Brus profile and suggests that the climate became more dry and continental. This drier and colder climatic oscillation is recorded in many sites of the Mazovian Interglacial in Poland, e.g. in Gościęcin (Srodoń, 1957), Krępiec (Janczyk-Kopikowa, 1981), Biała Podlaska, Komarno, Ossówka (Krupiński, 1984–1985, 1995; Krupiński and Lindner, 1991), Woskrzenice and Kaliłów (Bińka and Nitychoruk, 1995, [1996\),](https://gq.pgi.gov.pl/article/view/8246/pdf_338) and Konieczki (Nita, 1999). It can be also found in other sites in Europe north of 50° latitude. According to Koutsodendris et al. (2012), the reason for that was the stronger influence of the Siberian High in Eastern Europe, which resulted in the drop of both temperature (mainly winter temperature) and moisture availability. This regression phase, named OHO, occurred at $~6000$ $~1500$ years (calculations based on varved sediments of the Dethlingen profile) after the onset of the Holsteinian reforestation (Koutsodendris et al., 2012). The cited authors conclude that the overall picture of the OHO, including the reasons of its occurrence, seem to resemble the 8.2 ky climate event in the Holocene.

Koutsodendris et al. (2012, 2013) stressed also the changes in diatom communities in the Dethlingen profile during the OHO. The assemblages were dominated by Fragillaria spp. and other benthic diatoms. The same feature is observable in the Brus diatom assemblages, where different epiphytic *Fra-* gillaria species dominate during the Br-7 LPAZ (Khursevich et al., 2003), which correlates with the OHO. Subsequently, the diatom assemblage changed considerably, with significant decrease in planktonic species of diatom taxa.

The Holsteinian Interglacial climate optimum, which developed after the regression phase of the OHO, is expressed by the encroachment of fir and hornbeam into the forests accompanied by numerous plant indicators of warm and humid climates. The Br-8–Br-10 L PAZ from the Brus diagram and $N\dot{Z}05$ 8 L PAZ from the Nowiny Żukowskie diagram (Hrynowiecka--Czmielewska, 2010) evidence peak optimum climate conditions associated with the spread of multi-species communities of fir, and dry-ground and riverine thermophilous forests. Various forest communities and thermophilous shrubs, which occurred in eastern Poland in this interglacial interval, were characterized by the presence of taxa indicating warm (mean July temperature >20°C; Table 2) and humid climate, e.g. *Buxus*, *Ligustrum, Viscum* and *Vitis*.

Climate of the last part of the interglacial (zones Br-10 L PAZ and the younger part of N205 8 L PAZ subzone 8e) is well-characterized by the presence of thermophilous *Pterocarya* and *Buxus* in forest communities. In both the Brus and Nowiny Żukowskie palaeobotanical data, they testify to increased climate humidit[y \(Zagwijn, 1996](#page-14-0); [Granoszewski,](#page-12-0) 2003) and high temperatures. The same climatic significance has the water fern Azolla that was present in the Brus palaeolake in the younger part of the BR MAZ 7, so the lake must have been warm and eutrophic. The Brus and Nowiny Żukowskie pollen diagrams show the occurrence of changes at that time, which may be related to the YHO event. They are marked by strong oceanic climate influence (Table 2; central part of the zones Br-10 L PAZ and N205 8c L PAZ). This is reflected in Brus especially in the Abies expansion, huge amount of ferns, and the increased proportion of Cyperaceae. In Western Europe, the climate conditions were dryer than the OHO. Koutsodendris et al. (2010, 2013) consider it as the effect of rising summer temperature and decreasing amount of precipitation. Hrynowiecka and Winter (2016) stress that, in Dethlingen, the YHO is not related to the expansion of *Abies* after the *Carpinus* decline, in contrast to the Brus and Nowiny Żukowskie sites.

The rise in *Pinus sylvestris* t. and Larix values, and the simultaneous decrease in the frequencies of all thermophilous taxa in the Br-11 L PAZ provide evidence of climate cooling and drying. However, the occurrence of *Pterocarya* in the middle part of the Br-11 L PAZ indicates that the climate was relatively warm at first, and a mixed multi-species forest with predominant fir survived the first phase of gradual cooling. It can be supposed that the mean temperature of the warmest month was decreasing from $~17$ to $~10^{\circ}$ C at the onset of the next pollen zone (Br-12 L PAZ and N $\overline{2}$ 05 12 L PAZ), which marks the beginning of the Liwiecian/Saalian Glaciation.

CONCLUSIONS

Macrofossil data from the lacustrine deposits of the Brus profile (E Poland) reveal a typical palaeolake succession of the Mazovian/Holsteinian Interglacial, which started developing as early as the Late Glacial of the Sanian 2/Elsterian Glaciation.

The palaeolake in Brus was shallow and oligotrophic during the early interglacial intervals and became a large meso--eutrophic water reservoir towards the climate optimum. During the optimum the palaeolake was overgrown by reed/swamp

vegetation, and alder carrs developed on its margins. At the beginning of the Liwiecian/Saalian Glaciation, the lake became again a shallow mesotrophic reservoir.

The macrofossil succession is in line with pollen data and en ables comparison with the complete palaeobotanical record (both pollen and macrofossil data) of Nowiny Żukowskie, which is situated $~80$ km away in eastern Poland.

The high sedimentation rate in the Brus profile (21 m of lacustrine and peat deposits) enabled tracing the OHO and YHO climatic events that are also reflected in the Nowiny Żukowskie palaeobotanical data.

The palaeobotanical record of the OHO and YHO agrees with that from Dethlingen (N Germany; Koutsodendris et al., 2012, 2013), confirming the wide distribution of both these climate oscillations in the lowlands of central-eastern Europe.

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